

Local Running Events Calendar



I have compiled below a list of local events – This is intended to be of benefit to runners to choose events to take part in; and for race organisers to promote events scheduled and to avoid clashes wherever possible.

If you would like further information on any of the races click on the hyperlink in the “Link column” to visit the race website.

Please advise any updates or corrections (*including incorrect or broken hyperlinks*), or are aware of events in the county that should be added, or if you are a race organiser and would like your race listed, please contact Ray or raygraham58@outlook.com



© Run Happy Dorset

[Join the Facebook Group Run Happy Dorset](#)

Date	Time	Race	Competition	Entry on Day	Link
Every Sunday	9:00 AM	Moors Valley Junior Parkrun 2K (ages 4-14)		Barcode	http://www.parkrun.org.uk/moorsvalley-juniors/
Every Sunday	9:00 AM	New Milton Junior Parkrun 2K (ages 4-14)		Barcode	http://www.parkrun.org.uk/newmilton-juniors/course/
Every Sunday	9:00 AM	Upton House Junior Parkrun 2K (ages 4-14)		Barcode	http://www.parkrun.org.uk/uptonhouse-juniors/
Every Sunday	9:00 AM	Weymouth Junior Parkrun 2K (ages 4-14)		Barcode	http://www.parkrun.org.uk/weymouth-juniors/
Every Saturday	9:00 AM	Blandford Parkrun (5K)		Barcode	http://www.parkrun.org.uk/blandford/course/
Every Saturday	9:00 AM	Bournemouth Parkrun (5K)		Barcode	http://www.parkrun.org.uk/bournemouth/course/
Every Saturday	9:00 AM	Moors Valley Parkrun (5K)		Barcode	http://www.parkrun.org.uk/moorsvalley/course/
Every Saturday	9:00 AM	Poole Parkrun (5K)		Barcode	http://www.parkrun.org.uk/poole/course/
Every Saturday	9:00 AM	Upton House Parkrun (5K)		Barcode	http://www.parkrun.org.uk/uptonhouse/
Every Saturday	9:00 AM	Weymouth Parkrun (5K)		Barcode	http://www.parkrun.org.uk/weymouth/course/
17/02/2019	8:30 AM	Sherborne Valentines 5K	Sherborne 5K Series		https://www.facebook.com/sherborne5km/?hc_location=group
17/02/2019	9:30 AM	Sika Run 10K (Wareham Forest) - ENTRIES NOW CLOSED - RACE FULL		No	http://app.lap.io/event/2019-sika-run?fbclid=IwAR1O8PxS7uSKy5qJ7evfhZvHp80geReGLraR RGyJZ_WhEQn_W1MCvrc8zQE
23/02/2019	11:00 AM	Hope Rising Avon Tyrell Trail 10K		Yes	https://www.facebook.com/events/265761477471415/
23/02/2019	11:00 AM	Hope Rising Avon Tyrell Trail 5K		Yes	https://www.facebook.com/events/265761477471415/
24/02/2019	8:30 AM	Bournemouth 10	Dorset Road Race League 2019 / Dorset County Championship / Imperial Series	No	http://www.bournemouthac.co.uk/community/bournemouth-10-mile-road-race/
24/02/2019	10:30 AM	Winchester 10K		Yes	http://offbeat-events.com/event/winchester-10k-road-race/
28/02/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	http://www.nationaltrust.org.uk/events/75cbe61d-717e-455a-bd86-3a339101e744/pages/details
03/03/2019	8:30 AM	Wimborne Dental 20 Mile Road Race - ENTRIES CLOSED - RACE FULL		No	http://www.wimborneac.co.uk/wimborne20home.htm

03/03/2019	10:30 AM	Oakhaven New Forest Half Marathon			http://www.oakhavenhalf.co.uk
09/03/2019	8:30 AM	Larmer Tree (White Star) 10 mile	Imperial Series	No	http://whitestarrunning.co.uk/
09/03/2019	9:30 AM	Larmer Tree (White Star) Half Marathon		No	http://whitestarrunning.co.uk/
09/03/2019	5:30 PM	Larmer Tree (White Star) Dark Race (8 miles ish)		No	http://whitestarrunning.co.uk/
10/03/2019	8:30 AM	Larmer Tree (White Star) Marathon		No	http://whitestarrunning.co.uk/
10/03/2019	9:00 AM	Larmer Tree (White Star) 20 Mile		No	http://whitestarrunning.co.uk/
10/03/2019	9:00 AM	Stroke Assoc. Resolution Run (Moors Valley) - 10K			https://your.resolutionrun.org.uk/?eventid=5030449&fbclid=IwAR3pmv7AjaxR2T7eAjsCp_QwQ9IKCcBjwO-YTnyfWwFfKGGHgXehhIxAnBgY
10/03/2019	9:00 AM	Stroke Assoc. Resolution Run (Moors Valley) - 15K			https://your.resolutionrun.org.uk/?eventid=5030449&fbclid=IwAR3pmv7AjaxR2T7eAjsCp_QwQ9IKCcBjwO-YTnyfWwFfKGGHgXehhIxAnBgY
10/03/2019	9:00 AM	Stroke Assoc. Resolution Run (Moors Valley) - 5K			https://your.resolutionrun.org.uk/?eventid=5030449&fbclid=IwAR3pmv7AjaxR2T7eAjsCp_QwQ9IKCcBjwO-YTnyfWwFfKGGHgXehhIxAnBgY
10/03/2019	10:00 AM	Run for Chocolate 5K - Bournemouth			https://www.racespace.com/cactus-events/run-for-chocolate-bournemouth#metabs-tickets
10/03/2019	10:00 AM	Weymouth Bay 10K		Yes	http://www.mccpromotions10kseries.com/weymouth-10km.php
17/03/2019	8:30 AM	Weymouth Half Marathon		Yes	http://www.justracinguk.com/
22/03/2019	10:30 AM	The Jurassic Coast Challenge - Day 1 - Charmouth to Portland		No	https://votwo.co.uk/collections/coastal-challenges/products/jurassic-coast-challenge
23/03/2019	7:30 AM	Lulworth Cove Running Challenge Ultra Marathon (53K)			https://trailevents.co/events/lulworth-cove/
23/03/2019	8:30 AM	Lulworth Cove Running Challenge Marathon			https://trailevents.co/events/lulworth-cove/
23/03/2019	9:30 AM	Lulworth Cove Running Challenge Half Marathon			https://trailevents.co/events/lulworth-cove/
23/03/2019	10:30 AM	Lulworth Cove Running Challenge 10K			https://trailevents.co/events/lulworth-cove/
23/03/2019	10:30 AM	The Jurassic Coast Challenge - Day 2 - Portland to Lulworth Cove		No	https://votwo.co.uk/collections/coastal-challenges/products/jurassic-coast-challenge
24/03/2019	9:00 AM	Eastleigh 10K		No	http://www.runningmania.co.uk/hendy-eastleigh-10k/
24/03/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	http://www.nationaltrust.org.uk/events/75cbe61d-717e-455a-bd86-3a339101e744/pages/details
24/03/2019	9:30 AM	Ringwood Rabbit Run 5K		-	http://www.ringwoodrabbitrun.org/
24/03/2019	10:00 AM	Ringwood Rabbit Run 10K		-	http://www.ringwoodrabbitrun.org/
24/03/2019	10:30 AM	The Jurassic Coast Challenge - Day 3 - Lulworth Cove to Shell Bay		No	https://votwo.co.uk/collections/coastal-challenges/products/jurassic-coast-challenge
31/03/2019	9:00 AM	Dorset Ooser Marathon			https://www.dorset-ooser-marathon.co.uk/
31/03/2019	9:00 AM	Yeovil Half Marathon		No	http://www.yeovihal.com/
31/03/2019	10:00 AM	Dorset Ooser Half Marathon	Purbeck Trail Series		https://www.dorset-ooser-marathon.co.uk/
06/04/2019	10:00 AM	The General Trail 10K (Winchester)			https://www.toughenoughraces.co.uk/

06/04/2019	10:00 AM	The General Trail 20K (Winchester)			https://www.toughenoughraces.co.uk/
07/04/2019	9:30 AM	Bournemouth Bay 10K		No	https://www.bhf.org.uk/how-you-can-help/events/runs/health-on-line-bournemouth-bay-run
07/04/2019	9:40 AM	Bournemouth Bay Family Fun Run (1 Mile)		Yes	https://www.bhf.org.uk/how-you-can-help/events/runs/health-on-line-bournemouth-bay-run
07/04/2019	10:00 AM	Bournemouth Bay Half Marathon		No	https://www.bhf.org.uk/how-you-can-help/events/runs/health-on-line-bournemouth-bay-run
07/04/2019	10:00 AM	The General Obstacle 10K (Winchester)			https://www.toughenoughraces.co.uk/
07/04/2019	11:00 AM	Pen Selwood 5km			www.penselwood10k.co.uk
07/04/2019	11:00 AM	Pen Selwood Tough 10km			www.penselwood10k.co.uk
07/04/2019	11:05 AM	Pen Selwood 2km Fun Run			www.penselwood10k.co.uk
07/04/2019	11:45 AM	Bournemouth Bay 5K		No	https://www.bhf.org.uk/get-involved/events/runs/health-on-line-bournemouth-bay-run
13/04/2019	7:30 PM	Bright for Sight Night Run 5K or 10K (Weymouth)		Yes	https://www.facebook.com/events/591503567977120/
14/04/2019	8:30 AM	Sherborne Easter Bunny 5K	Sherborne 5K Series		https://www.facebook.com/sherborne5km/?hc_location=group
14/04/2019	10:00 AM	City of Salisbury 10 mile road race		Yes	https://salisbury10.salisbury-arc.org/
14/04/2019	10:30 AM	Marnhull 12K (+ Fun Runs)		Yes	https://www.fullonsport.com/event/m12k-2019-marnhull/profile
20/04/2019	11:00 AM	Bournemouth Rotary Easter Quarter Marathon		Yes	https://www.rotary-ribi.org/clubs/homepage.php?ClubID=1564
22/04/2019	8:30 AM	Lepe Easter Bunny 5K			https://www.facebook.com/events/390928668329932/
22/04/2019	11:00 AM	Yeovil Easter Bunny 10K		No	https://www.yeoviltownrrc.com/events/races/easter-bunny-10k.htm
27/04/2019	12:00 PM	Piddle Brewery Ale Dash 5K (Piddlehinton)			https://www.facebook.com/events/2225696221047148/
27/04/2019	7:00 PM	Dorset Neon Run (Poole Park)			https://www.dorsetneonrun.com/
28/04/2019	9:00 AM	Jurassic Trail (West Bay) 10K			https://www.beyondevents.org.uk/listed-races/jurassic-trail
28/04/2019	9:00 AM	Jurassic Trail (West Bay) 5K			https://www.beyondevents.org.uk/listed-races/jurassic-trail
28/04/2019	9:00 AM	Jurassic Trail (West Bay) Half Marathon			https://www.beyondevents.org.uk/listed-races/jurassic-trail
28/04/2019	9:00 AM	Jurassic Trail (West Bay) Marathon			https://www.beyondevents.org.uk/listed-races/jurassic-trail
28/04/2019	9:00 AM	London Marathon		No	https://www.virginmoneylondonmarathon.com/en-gb/
28/04/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	http://www.nationaltrust.org.uk/events/75cbe61d-717e-455a-bd86-3a339101e744/pages/details
01/05/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
01/05/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
05/05/2019	8:00 AM	ABP Southampton Marathon		No	http://www.abpsouthamptonhalf.co.uk/
05/05/2019	8:30 AM	North Dorset Village Marathon and Relay	Dorset Road Race League 2019 / Dorset County Championship	No	http://www.ndvm.co.uk/
05/05/2019	9:00 AM	Hellstone Half Marathon (Badger Trail)			https://www.facebook.com/events/349046175658575/

05/05/2019	9:00 AM	Hellstone Marathon (Badger Trail)			https://www.facebook.com/events/349046175658575/
05/05/2019	10:00 AM	ABP Southampton Half Marathon		No	http://www.abpsouthamptonhalf.co.uk/
05/05/2019	10:15 AM	Bridport 10K	Trifecta 10k Series		https://www.beyondevents.org.uk/listed-races/bridport-10km-and-5km
05/05/2019	10:15 AM	Bridport 5K			https://www.beyondevents.org.uk/listed-races/bridport-10km-and-5km
05/05/2019	10:15 AM	Bridport Half Marathon			https://www.beyondevents.org.uk/listed-races/bridport-10km-and-5km
05/05/2019	10:30 AM	Dorchester Lions 10K (+ 2K Family Fun Run)		Yes	https://www.lionsdorchester.org.uk/events/annual-2k-fun-run-10k-timed-run/
05/05/2019	11:00 AM	ABP Southampton 10K		No	http://www.abpsouthamptonhalf.co.uk/
05/05/2019	11:00 AM	Fordingbridge Fire Station 10K - DATE TBC		Yes	http://www.fordingbridgefirestation.com/
10/05/2019	9:30 PM	Ox (White Star) - Dark Ox Quarter Marathon		No	http://whitestarrunning.co.uk/
11/05/2019	7:30 AM	Ox (White Star) - 50-miler		No	http://whitestarrunning.co.uk/
11/05/2019	8:00 AM	Ox Frolic (White Star) - 12-hour		No	http://whitestarrunning.co.uk/
11/05/2019	10:00 AM	Maverick Original Dorset 16km		No	http://www.maverick-race.com/races/theoriginalorset2019
11/05/2019	10:00 AM	Maverick Original Dorset 23km		No	http://www.maverick-race.com/races/theoriginalorset2019
11/05/2019	10:00 AM	Maverick Original Dorset 7km		No	http://www.maverick-race.com/races/theoriginalorset2019
12/05/2019	8:30 AM	Ox (White Star) - Light Ox Quarter Marathon		No	http://whitestarrunning.co.uk/
12/05/2019	10:00 AM	Lymington 10K		No	http://www.frsystems.co.uk/lymington10k/
12/05/2019	10:30 AM	Ox (White Star) - Half Marathon		No	http://whitestarrunning.co.uk/
14/05/2019	6:30 PM	The Egdon Pyjama Jaunt (4.5m & kids 1.5m)			https://www.egdonheathharriers.com/ourraces/race.php?id=9
19/05/2019	7:30 AM	Wessex Ridgeway 100k Relay			http://www.wessexridgeway.co.uk/
19/05/2019	9:30 AM	Dorchester Half Marathon		No	https://justracinguk.com/event/dorchester-half-marathon/
19/05/2019	9:30 AM	DYMB Moors Valley 10K		No	http://run.dymb.org/
19/05/2019	9:30 AM	May 5 (Canford Heath)	Dorset Road Race League 2019	Yes	http://pooleac.co.uk/club-events/may-5/
19/05/2019	10:00 AM	Hard Way Half (Portland) - DATE TBC		Yes	https://rmpacportland.wordpress.com/the-half-way-hard/
19/05/2019	10:30 AM	Southampton AC Netley 10km		Yes	http://www.southamptonathleticclub.org.uk/wordpress/netley-10k-race/
19/05/2019	11:00 AM	Hook 10 Miles (+ Fun Runs)		No	http://www.hookfunrun.com/
22/05/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
22/05/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
25/05/2019	8:30 AM	Dorset Invader (White Star) 12-hour frolic		No	http://whitestarrunning.co.uk/new-dorset-invader-2019/
25/05/2019	12:00 PM	Frolic 24 - Lulworth Castle (White Star)			http://whitestarrunning.co.uk/
25/05/2019	7:00 PM	Egdon Easy		Yes	http://www.egdonheathharriers.com/ourraces/race.php?id=2
26/05/2019	8:30 AM	Dorset Invader Half Marathon (White Star)		No	http://whitestarrunning.co.uk/new-dorset-invader-2019/
26/05/2019	8:30 AM	Dorset Invader Marathon (White Star)		No	http://whitestarrunning.co.uk/new-dorset-invader-2019/
26/05/2019	9:00 AM	Neolithic 10K (DATE TBC)			https://www.wiltshirewildlife.org/Pages/Events/Category/sarsen-trail-and-neolithic-marathon?Take=4

26/05/2019	9:00 AM	Neolithic 5K (DATE TBC)			https://www.wiltshirewildlife.org/Pages/Events/Category/sarsen-trail-and-neolithic-marathon?Take=4
26/05/2019	9:00 AM	Neolithic Half Marathon (DATE TBC)			https://www.wiltshirewildlife.org/Pages/Events/Category/sarsen-trail-and-neolithic-marathon?Take=4
26/05/2019	9:00 AM	Neolithic Marathon (DATE TBC)			https://www.wiltshirewildlife.org/Pages/Events/Category/sarsen-trail-and-neolithic-marathon?Take=4
26/05/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	http://www.nationaltrust.org.uk/events/75cbe61d-717e-455a-bd86-3a339101e744/pages/details
27/05/2019	9:00 AM	Dorset Invader Chaos (White Star)		No	http://whitestarrunning.co.uk/new-dorset-invader-2019/
01/06/2019	9:00 AM	Inflatable 5K Obstacle Run (Somerley, Ringwood)		-	https://www.ukrunningevents.co.uk/inflatable-5k-obstacle-run-bournemouth
01/06/2019	4:30 PM	Poole Festival of Running - Children's 1 Mile Races		No	https://poolerunningevents.co.uk/
01/06/2019	6:30 PM	Poole Festival of Running - Charity 5K		Yes	https://poolerunningevents.co.uk/
02/06/2019	9:00 AM	Poole 10K		No	https://poolerunningevents.co.uk/
02/06/2019	9:00 AM	Poole Festival of Running - Half Marathon		No	https://poolerunningevents.co.uk/
02/06/2019	10:00 AM	Romsey Braishfield Beer Race		Yes	http://www.romseyroadrunners.co.uk/beer-race/
09/06/2019	9:00 AM	Yeovil Marathon		No	http://yeovilmarathon.co.uk/
09/06/2019	10:00 AM	Puddletown Plod Half Marathon	Dorset Road Race League 2019	Yes	http://www.puddletownplod.co.uk/
09/06/2019	10:00 AM	Yeovil Heron Half Marathon		No	http://yeovilmarathon.co.uk/
09/06/2019	10:30 AM	Collingbourne (Andover) Trail Half Marathon			http://andovertrailrunners.co.uk/events/collingbourne-half-marathon/
11/06/2019	7:00 PM	Corfe Mullen Childrens ! Mile Run		Yes	http://www.cm5k.co.uk/
11/06/2019	7:30 PM	Corfe Mullen 5K		Yes	http://www.cm5k.co.uk/
15/06/2019	5:00 PM	Dorset Conquest 10K			https://www.sientries.co.uk/event.php?elid=Y&event_id=5291
16/06/2019	8:30 AM	Sherborne Midsummer Madness 5K	Sherborne 5K Series		https://www.facebook.com/sherborne5km/?hc_location=group
16/06/2019	10:00 AM	Dorset Conquest Half Marathon			https://www.sientries.co.uk/event.php?elid=Y&event_id=5292
16/06/2019	11:00 AM	Race for Men Salisbury 10K		-	https://www.thebodylounge.co.uk/race-for-men/
16/06/2019	11:00 AM	Race for Men Salisbury Half Marathon		-	https://www.thebodylounge.co.uk/race-for-men/
21/06/2019	7:30 PM	Purbeck 10K	Dorset Road Race League 2019 / Dorset County Championship	No	http://www.purbeckrunners.co.uk/
22/06/2019	8:30 AM	Giants Head Marathon (White Star) - ENTRIES CLOSED - RACE FULL		No	http://whitestarrunning.co.uk/
22/06/2019	10:00 AM	Sydling Hill 10K (White Star) - ENTRIES CLOSED RACE FULL		No	http://whitestarrunning.co.uk/
22/06/2019	11:00 AM	Ferndown 10K Charity Run		Yes	www.ferndown10k.co.uk
22/06/2019	11:00 AM	Ferndown 5K Charity Run		Yes	www.ferndown10k.co.uk

22/06/2019	11:00 AM	Ferndown Charity Children's Fun Runs		Yes	www.ferndown10k.co.uk
23/06/2019	8:00 AM	Race the Tide - Bournemouth Beach Run 10K (Summer)			www.beachrace.co.uk
23/06/2019	8:00 AM	Race the Tide - Bournemouth Beach Run 5K (Summer)			www.beachrace.co.uk
23/06/2019	9:00 AM	Sydling Hill Advanced Bell Race 9K (White Star)			http://whitestarrunning.co.uk/
23/06/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	http://www.nationaltrust.org.uk/events/75cbe61d-717e-455a-bd86-3a339101e744/pages/details
23/06/2019	10:00 AM	Lulworth Castle 10K	Purbeck Trail Series	No	http://www.lulworthcastle10k.com/
23/06/2019	10:00 AM	Sydling Hill Fun Bell Race 3K (White Star)			http://whitestarrunning.co.uk/
26/06/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
26/06/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
30/06/2019	10:00 AM	Lordshill 10K			http://www.lordshillroadrunners.org.uk/lordshill-10k
30/06/2019		Littledown Marathon			https://www.littledownharriers.co.uk/ld-marathon/
05/07/2019	10:00 AM	Moreton 12-hour event (White Star)			http://whitestarrunning.co.uk/
06/07/2019	8:00 AM	July Lepe Loop 10K			https://www.facebook.com/events/309340873030183/
06/07/2019	10:00 AM	Charmouth Challenge (8 mile Fell Run)			https://charmouthchallenge.co.uk/
06/07/2019	10:00 AM	Unicorn children's 2-mile race (White Star)			http://whitestarrunning.co.uk/
06/07/2019	10:00 AM	Unicorn frolic (White Star)			http://whitestarrunning.co.uk/
07/07/2019	10:00 AM	Colmers Hill 10K Challenge		No	https://www.fullonsport.com/event/colmers-10k-challenge-2019/profile?fbclid=IwAR2kKxtenqr5PHFgx-fwOTNRsl-yj19_8VXTx_3blbdWRO5UqaPGdPZY6fg
07/07/2019	10:00 AM	Dorset Rainbow Run 3K (Upton Country Park)			https://www.naomihouse.org.uk/events/392-dorset-rainbow-run
07/07/2019	10:00 AM	Moreton 10 (White Star)			http://whitestarrunning.co.uk/
07/07/2019	10:00 AM	Moreton Marathon (White Star)			http://whitestarrunning.co.uk/
07/07/2019	10:00 AM	Portland 10		Yes	https://rmpacportland.wordpress.com/portland-10-2/
07/07/2019	10:30 AM	Sway 5 (DATE TBC)		Yes	https://www.eventbrite.com/e/sway-carnival-5-mile-run-tickets-41707942579
07/07/2019	10:30 AM	Tarrant Valley 10K (and 1 mile fun run)		Yes	http://www.tarrantvalley10.webs.com/
07/07/2019	11:15 AM	New Forest Ten (+ Fun Runs)		No	http://www.nf10.co.uk/
10/07/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
10/07/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
14/07/2019	9:30 AM	Moreton 10K Trail Run			http://www.wsphandac.co.uk/athletics/
20/07/2019	8:00 AM	Kingfisher Capers Ultra Marathon			https://www.princessraces.run/e/kingfisher-capers-469
20/07/2019	10:00 AM	Kingfisher Capers 10K			https://www.princessraces.run/e/kingfisher-capers-469
20/07/2019	10:00 AM	Kingfisher Capers 5K			https://www.princessraces.run/e/kingfisher-capers-469
20/07/2019	10:00 AM	Kingfisher Capers Half Marathon			https://www.princessraces.run/e/kingfisher-capers-469

22/07/2019	11:00 AM	D'Urberville Dash 10K (Wool, Nr Wareham)		Yes	www.egdonheathharriers.com/ourraces/race.php?id=5
24/07/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
24/07/2019	7:00 PM	Maiden Newton Madness		Yes	https://www.fullonsport.com/event/maiden-newten/profile
24/07/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
27/07/2019	8:00 AM	Cider Frolic (White Star) 12-hour event		No	http://whitestarrunning.co.uk/
27/07/2019	9:00 AM	Piddle Plod 10K			https://www.facebook.com/events/495477157587307/500294503772239/?notif_t=admin_plan_mall_activity&notif_id=1537374653197822
27/07/2019	9:00 AM	Piddle Plod 5K			https://www.facebook.com/events/495477157587307/500294503772239/?notif_t=admin_plan_mall_activity&notif_id=1537374653197822
28/07/2019	8:00 AM	Cider Frolic (White Star) Piggy Plod 10K		No	http://whitestarrunning.co.uk/
28/07/2019	9:00 AM	Beaminster 10K	Trifecta 10k Series		https://www.beyondevents.org.uk/listed-races/beaminster-10km
28/07/2019	9:00 AM	Beaminster 5K			https://www.beyondevents.org.uk/listed-races/beaminster-10km
28/07/2019	9:00 AM	Cider Frolic (White Star) Kids Piggy Plod 2.5K			http://whitestarrunning.co.uk/
28/07/2019	9:00 AM	Portchester Castle 10K		No	https://www.letsdothis.com/e/portchester-castle-10k-18342
04/08/2019	10:30 AM	Sturminster Half Marathon	Dorset Road Race League 2019 / Dorset County Championship	Yes	http://www.sturhalf.co.uk/
07/08/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
07/08/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/upton-summer-series/
11/08/2019	9:30 AM	Salisbury 5-4-3-2-1 50K Trail Ultra Marathon		No	http://www.salisbury54321.com/
11/08/2019	10:00 AM	Salisbury 5-4-3-2-1 Trail Marathon		No	http://www.salisbury54321.com/
11/08/2019	10:30 AM	Bridport Jurassic Coast Run 10K			https://www.fullonsport.com/event/bridport-jurassic-coast-run-10k-2019/profile
11/08/2019	10:30 AM	Bridport Jurassic Coast Run Half Marathon			https://www.fullonsport.com/event/bridport-jurassic-coast-run-half-marathon-2019/profile
11/08/2019	10:30 AM	Round the Rock 10K	Dorset Road Race League 2019	Yes	https://rmpacportland.wordpress.com/round-the-rock-10k-2/
11/08/2019	10:30 AM	Salisbury 5-4-3-2-1 Trail 33K		No	http://www.salisbury54321.com/
11/08/2019	11:00 AM	Salisbury 5-4-3-2-1 Trail Half Marathon		No	http://www.salisbury54321.com/
01/09/2019	9:00 AM	Andover Trail Half Marathon			http://andovertrailrunners.co.uk/events/
01/09/2019	9:00 AM	Andover Trail Marathon			http://andovertrailrunners.co.uk/events/
01/09/2019	10:30 AM	The Beast	Purbeck Trail		http://pooleac.co.uk/club-events/the-beast/

			<u>Series</u>		
07/09/2019	9:00 AM	Crafty Fox Marathon (White Star)		No	http://whitestarrunning.co.uk/
07/09/2019	9:00 AM	Crafty Fox Ultra (White Star)		No	http://whitestarrunning.co.uk/
07/09/2019	3:00 PM	Lytchett Relays - Holton Lee		Yes (STL)	http://www.lytchettmanorstriders.org/lytchettRelays.php
08/09/2019	9:00 AM	Crafty Fox Half Marathon (White Star)		No	http://whitestarrunning.co.uk/
08/09/2019	9:00 AM	Little London (Andover) 10K Trail Run			http://andovertrailrunners.co.uk/events/
08/09/2019	9:00 AM	New Forest Marathon		No	http://www.newforestmarathon.co.uk/#top
08/09/2019	9:55 AM	New Forest Half Marathon		No	http://www.newforestmarathon.co.uk/#top
08/09/2019	10:25 AM	New Forest 10K		No	http://www.newforestmarathon.co.uk/#top
08/09/2019	10:40 AM	New Forest 5K		No	http://www.newforestmarathon.co.uk/#top
14/09/2019	7:30 AM	Purbeck Ultra (54 miles)		No	http://thepurbeckrunningfestival.co.uk/
14/09/2019	8:30 AM	Purbeck 5K		No	http://thepurbeckrunningfestival.co.uk/
15/09/2019	9:30 AM	Purbeck Marathon		No	http://thepurbeckrunningfestival.co.uk/
15/09/2019	10:00 AM	Purbeck 16	<u>Purbeck Trail Series</u>	No	http://thepurbeckrunningfestival.co.uk/
15/09/2019	10:30 AM	Littledown 5M	<u>Dorset Road Race League 2019</u>	No	http://www.littledownharriers.co.uk
15/09/2019	10:30 AM	Purbeck 10K		No	http://thepurbeckrunningfestival.co.uk/
21/09/2019	8:45 AM	Camelot Challenge		No	https://www.facebook.com/events/347807255955223/
22/09/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	http://www.nationaltrust.org.uk/events/75cbe61d-717e-455a-bd86-3a339101e744/pages/details
22/09/2019	9:30 AM	Sleepy Giant 10K (Crewkerne)			https://www.facebook.com/events/218173215796890/
22/09/2019	9:30 AM	Sleepy Giant 2K Fun Run (Crewkerne)			https://www.facebook.com/events/218173215796890/
22/09/2019	10:00 AM	Solent Half Marathon		No	http://www.hardleyrunners.co.uk/SolentHalf.html
22/09/2019	10:00 AM	Winchester Half Marathon			http://www.winchesterhalf.co.uk/
22/09/2019	10:20 AM	Black Hill Run (Bere Regis) 3K Junior X-Country Fun Run		Yes	http://blackhillrun.wix.com/blackhillrun
22/09/2019	11:00 AM	Black Hill Run (Bere Regis) 10K X-Country	<u>Purbeck Trail Series</u>	Yes	http://blackhillrun.wix.com/blackhillrun
22/09/2019	11:00 AM	Black Hill Run (Bere Regis) 5K X-Country Fun Run		Yes	http://blackhillrun.wix.com/blackhillrun
28/09/2019		Run Jurassic Marathon (White Star)			http://whitestarrunning.co.uk/
28/09/2019		Run Jurassic Ultra (White Star)			http://whitestarrunning.co.uk/
29/09/2019	12:00 PM	Salisbury Half Marathon		Yes - STL	http://www.salisburyhalf.com/
29/09/2019		Run Jurassic 10K (White Star)			http://whitestarrunning.co.uk/
29/09/2019		Run Jurassic Half Marathon (White Star)			http://whitestarrunning.co.uk/
29/09/2019		Run Jurassic Kids race (White Star)			http://whitestarrunning.co.uk/
05/10/2019	4:00 PM	Supersonic 10K			https://www.bournemouthmarathon.com/
05/10/2019	7:00 PM	Speed of Light 5K			https://www.bournemouthmarathon.com/
06/10/2019	8:00 AM	Bournemouth & Poole Half Marathon		No	https://www.bournemouthmarathon.com/
06/10/2019	10:00 AM	Bournemouth & Poole Marathon		No	https://www.bournemouthmarathon.com/

06/10/2019	10:30 AM	Clarendon Marathon: Salisbury to Winchester		No	http://www.clarendon-marathon.co.uk/
06/10/2019	11:00 AM	Clarendon Half Marathon: Broughton to Winchester		No	http://www.clarendon-marathon.co.uk/
12/10/2019	9:00 AM	A Run With No Witty Name - 50K			https://www.entrycentral.com/A-Run-With-No-Witty-Name
13/10/2019	9:00 AM	Burton Bradstock 10K		-	https://www.beyondevents.org.uk/listed-races/burton-marathon
13/10/2019	9:00 AM	Burton Bradstock 10K	Trifecta 10k Series		http://www.beyondevents.org.uk/burton_bradstock_run.html
13/10/2019	9:00 AM	Burton Bradstock 5K		-	https://www.beyondevents.org.uk/listed-races/burton-marathon
13/10/2019	9:00 AM	Burton Bradstock 5K		-	http://www.beyondevents.org.uk/burton_bradstock_run.html
13/10/2019	9:00 AM	Burton Bradstock Half Marathon		-	https://www.beyondevents.org.uk/listed-races/burton-marathon
13/10/2019	9:00 AM	Burton Bradstock Half Marathon		-	http://www.beyondevents.org.uk/burton_bradstock_run.html
13/10/2019	9:00 AM	Burton Bradstock Marathon		-	https://www.beyondevents.org.uk/listed-races/burton-marathon
13/10/2019	9:00 AM	Burton Bradstock Marathon		-	http://www.beyondevents.org.uk/burton_bradstock_run.html
13/10/2019	10:00 AM	Dorchester Dash 10K			https://www.evensi.uk/dorcheser-dash-10k-1k-fun-run-2019-1610-dorchester-sports-centre/288504265
13/10/2019	11:00 AM	Gold Hill 10K		Yes	http://www.goldhill10k.co.uk/
13/10/2019	11:00 AM	Studland Stampede - ENTRIES CLOSED - RACE FULL	Purbeck Trail Series	No	http://www.studlandstampede.co.uk/
20/10/2019	9:00 AM	Race the Tide - Bournemouth Beach Run 10K (Winter)			www.beachrace.co.uk
20/10/2019	9:00 AM	Race the Tide - Bournemouth Beach Run 5K (Winter)			www.beachrace.co.uk
20/10/2019	9:00 AM	Weymouth 10M		Yes	http://www.egdonheathharriers.com/ourraces/race.php?id=4
20/10/2019	10:35 AM	Great South Run		No	http://www.greatrun.org/great-south-run
27/10/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	http://www.nationaltrust.org.uk/events/75cbe61d-717e-455a-bd86-3a339101e744/pages/details
27/10/2019	10:00 AM	Kiwi Trail Run 5K		No	https://www.beyondevents.org.uk/listed-races/kiwi-trail-run
27/10/2019	10:00 AM	Kiwi Trail Run Half 10K		No	https://www.beyondevents.org.uk/listed-races/kiwi-trail-run
27/10/2019	10:00 AM	Kiwi Trail Run Half Marathon		No	https://www.beyondevents.org.uk/listed-races/kiwi-trail-run
27/10/2019	10:30 AM	The Stickler		Yes	http://www.dorsetdoddlers.org/thestickler/index.htm
03/11/2019	9:30 AM	Hayling 10		No	http://www.havantac.co.uk/hayling-10/
03/11/2019	10:00 AM	New Forest Stinger 10M - DATE TBC			http://www.tottonrunningclub.co.uk/#!stinger/ca3a
03/11/2019	10:00 AM	New Forest Stinger 5M - DATE TBC			http://www.tottonrunningclub.co.uk/#!stinger/ca3a
03/11/2019	11:00 AM	Gilly Hilly		Yes	http://gillinghamtrotters.weebly.com/
09/11/2019		Dark Valley 10K (White Star)			http://whitestarrunning.co.uk/
09/11/2019		Dark Valley Half Marathon (White Star)			http://whitestarrunning.co.uk/
10/11/2019	9:00 AM	Beyond Gods trail run (Godshill) - 10K			https://www.facebook.com/events/2452590291424246/
10/11/2019	9:00 AM	Beyond Gods trail run (Godshill) - 5K			https://www.facebook.com/events/2452590291424246/
10/11/2019	9:00 AM	Beyond Gods trail run (Godshill) - Half Marathon			https://www.facebook.com/events/2452590291424246/

17/11/2019	10:00 AM	Gosport Half Marathon			http://www.gosporhalf.org/
17/11/2019	10:30 AM	Wimborne 10M	<u>Dorset Road Race League 2019</u>	No	http://www.wimborneac.co.uk/wimborne10home.htm
24/11/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	http://www.nationaltrust.org.uk/events/75cbe61d-717e-455a-bd86-3a339101e744/pages/details
24/11/2019	11:00 AM	Boscombe 10K	<u>Dorset Road Race League 2019</u>	No	http://www.bournemouthjoggers.co.uk/
30/11/2019	8:00 AM	Endurance Life CTS Dorset Ultra (33.3M)		No	https://www.endurancelife.com/dorset
30/11/2019	8:00 AM	Endurance Life CTS Dorset Ultra Plus (45.5M)		No	https://www.endurancelife.com/dorset
30/11/2019	9:00 AM	Endurance Life CTS Dorset Marathon		No	https://www.endurancelife.com/dorset
30/11/2019	10:30 AM	Endurance Life CTS Dorset Half Marathon		No	https://www.endurancelife.com/dorset
30/11/2019	11:30 AM	Endurance Life CTS Dorset 10km		No	https://www.endurancelife.com/dorset
01/12/2019	8:30 AM	Sherborne Christmas Sweater 5k	<u>Sherborne 5K Series</u>		https://www.facebook.com/sherborne5km/?hc_location=group
01/12/2019	11:00 AM	Southampton Common 10K		Yes	https://mccpromotions.com/event/southampton-common-10k
15/12/2019	8:30 AM	Lepe Christmas Sweater Run 5K			https://www.facebook.com/events/802689636747668/
22/12/2019	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.facebook.com/events/265761477471415/
26/12/2019	10:00 AM	Round The Lakes Poole Junior Race - 2 x 1m Relay			http://pooleac.co.uk/club-events/round-the-lakes/
26/12/2019	10:30 AM	Round The Lakes Poole 10km			http://pooleac.co.uk/club-events/round-the-lakes/
01/01/2020	10:30 AM	Broadstone Quarter Marathon	<u>Dorset Road Race League 2020</u>	Yes	http://poolerunners.co.uk/broadstone-quarter/
18/01/2020	12:00 PM	Little Dirty Devil Stampede (Bovington) 5K ish		No	https://www.facebook.com/events/1983867228575957/
19/01/2020	10:00 AM	Dirty Devil Double Stampede (Bovington) Half Marathon ish		No	https://www.facebook.com/events/1983867228575957/
19/01/2020	10:00 AM	Dirty Devil Stampede (Bovington) 10K ish		No	https://www.facebook.com/events/1983867228575957/
26/01/2020	10:00 AM	Romsey 5		Yes	www.romsey5run.co.uk

© Run Happy Dorset

 Join the Facebook Group [Run Happy Dorset](#)