

Local Running Calendar



I have compiled below a list of local events – This is intended to be of benefit to runners to choose events to take part in; and for race organisers to promote events scheduled and to avoid clashes wherever possible.

If you would like further information on any of the races click on the hyperlink in the “Link column” to visit the race website.

Please advise any updates or corrections (*including incorrect or broken hyperlinks*), or are aware of events in the county that should be added, or if you are a race organiser and would like your race listed, please contact Ray or raygraham58@outlook.com



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Date	Time	Race	Competition	Entry on Day	Link
Every Sunday	9:00 AM	Moors Valley Junior Parkrun 2K (ages 4-14)		Barcode	http://www.parkrun.org.uk/moorsvalley-juniors/
Every Sunday	9:00 AM	New Milton Junior Parkrun 2K (ages 4-14)		Barcode	http://www.parkrun.org.uk/newmilton-juniors/course/
Every Sunday	9:00 AM	Upton House Junior Parkrun 2K (ages 4-14) - Commences 9/12/18		Barcode	http://www.parkrun.org.uk/uptonhouse-juniors/
Every Saturday	9:00 AM	Weymouth Junior Parkrun 2K (ages 4-14)		Barcode	http://www.parkrun.org.uk/weymouth-juniors/
Every Saturday	9:00 AM	Blandford Parkrun (5K)		Barcode	http://www.parkrun.org.uk/blandford/course/
Every Saturday	9:00 AM	Bournemouth Parkrun (5K)		Barcode	http://www.parkrun.org.uk/bournemouth/course/
Every Saturday	9:00 AM	Moors Valley Parkrun (5K)		Barcode	http://www.parkrun.org.uk/moorsvalley/course/
Every Saturday	9:00 AM	Poole Parkrun (5K)		Barcode	http://www.parkrun.org.uk/poole/course/
Every Saturday	9:00 AM	Upton House Parkrun (5K)		Barcode	http://www.parkrun.org.uk/uptonhouse/
Every Saturday	9:00 AM	Weymouth Parkrun (5K)		Barcode	http://www.parkrun.org.uk/weymouth/course/
08/12/2018	5:00 PM	Maverick Dark Dorset 11km		No	http://www.maverick-race.com/races/silva-dark-surrey-2017-67s8f-lfff9
08/12/2018	5:00 PM	Maverick Dark Dorset 16km		No	http://www.maverick-race.com/races/silva-dark-surrey-2017-67s8f-lfff9
08/12/2018	5:00 PM	Maverick Dark Dorset 5km		No	http://www.maverick-race.com/races/silva-dark-surrey-2017-67s8f-lfff9
09/12/2018	10:00 AM	Blandford Santa Run 5M		Yes	http://blandfordsantarun.btck.co.uk/
09/12/2018	11:00 AM	Christmas 10K (Christchurch)		No	http://christmas10k.org.uk/
16/12/2018	9:30 AM	Christmas Pudding Plod 5K Fun Run Swanage (Durlston)		Yes	https://www.facebook.com/events/2064223783639428/
16/12/2018	11:45 AM	Bryanston Blandford Cross Country	Wessex X-Country		http://www.teamdorsetathletics.btck.co.uk/competition/wessex-league-crosscountry
23/12/2018	9:00 AM	Portsmouth Coastal Marathon			http://www.fitprorob.biz/portsmouth-coastal-waterside-marathon-2015/
23/12/2018	9:00 AM	Portsmouth Coastal Marathon Relay			http://www.fitprorob.biz/portsmouth-coastal-waterside-marathon-2015/

23/12/2018	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.facebook.com/events/265761477471415/
25/12/2018	9:00 AM	Christmas Day Parkrun - Blandford (5K)		Barcode	https://www.parkrun.org.uk/special-events/
25/12/2018	9:00 AM	Christmas Day Parkrun - Poole (5K)		Barcode	https://www.parkrun.org.uk/special-events/
26/12/2018	10:00 AM	Round The Lakes Poole Junior 1M Fun Run (Age 8 or over)			http://pooleac.co.uk/club-events/round-the-lakes/
26/12/2018	10:30 AM	Round The Lakes Poole 10km			http://pooleac.co.uk/club-events/round-the-lakes/
30/12/2018	9:00 AM	Bournemouth Beach Run 10K			www.beachrace.co.uk
30/12/2018	9:00 AM	Bournemouth Beach Run 5K			www.beachrace.co.uk
01/01/2019	10:00 AM	New Year's Day Parkrun - Bournemouth (5K)		Barcode	https://www.parkrun.org.uk/special-events/
01/01/2019	10:30 AM	Broadstone Quarter Marathon	Dorset Road Race League 2019	Yes	http://poolerunners.co.uk/broadstone-quarter/
05/01/2019	5:45 PM	Ninesprings by Night (Yeovil) 5K			https://www.flyingfoxrunning.co.uk/races/ninesprings-by-night-5-and-10k/
05/01/2019	6:50 PM	Ninesprings by Night (Yeovil) 10K			https://www.flyingfoxrunning.co.uk/races/ninesprings-by-night-5-and-10k/
12/01/2019	10:00 AM	Maverick Original New Forest 16km		No	http://www.maverick-race.com/races/theoriginalewforest2019
12/01/2019	10:00 AM	Maverick Original New Forest 24km		No	http://www.maverick-race.com/races/theoriginalewforest2019
12/01/2019	10:00 AM	Maverick Original New Forest 6km		No	http://www.maverick-race.com/races/theoriginalewforest2019
12/01/2019	4:30 PM	Dark Moors 5M (White Star)		No	http://whitestarrunning.co.uk/
12/01/2019	6:30 PM	Dark Moors 10M (White Star)		No	http://whitestarrunning.co.uk/
13/01/2019	11:00 AM	Swanage 10K		Yes	https://www.eventbrite.com/e/swanage-10k-run-tickets-50033480487?aff=erelexpmlt
19/01/2019	12:00 PM	Little Dirty Devil Stampede (Bovington) 5K ish		No	http://www.bustinskin.com/events/the-dirty-devil-stampede-2019/
20/01/2019	12:00 PM	Dirty Devil Double Stampede (Bovington) Half Marathon ish		No	http://www.bustinskin.com/events/the-dirty-devil-stampede-2019/
20/01/2019	12:00 PM	Dirty Devil Stampede (Bovington) 10K ish		No	http://www.bustinskin.com/events/the-dirty-devil-stampede-2019/
27/01/2019	8:00 AM	Stonehenge Stomp		Yes	http://stomp.salisbury-arc.org/
27/01/2019	10:00 AM	Romsey 5		Yes	http://offbeat-events.com/event/romsey-5-mile-race/
03/02/2019	10:30 AM	Portsmouth Coastal Half Marathon			http://www.fitprorob.biz/half-marathons/
03/02/2019	11:00 AM	Blackmore Vale Half Marathon			http://bvlhm.yolasite.com/
03/02/2019	11:05 AM	Blackmore Vale 5.25 Mile fun run		Yes	http://bvlhm.yolasite.com/
10/02/2019	10:30 AM	Lytchett 10	Dorset Road Race League 2019 / Imperial Series		http://www.lytchettmanorstriders.org/lytchett10.php
10/02/2019	11:00 AM	Portland Coastal 10K		No	http://www.bustinskin.com/events/portland-coastal-marathon-2018/

10/02/2019	11:00 AM	Portland Coastal Half Marathon		No	http://www.bustinskin.com/events/portland-coastal-marathon-2018/
10/02/2019	11:00 AM	Portland Coastal Marathon		No	http://www.bustinskin.com/events/portland-coastal-marathon-2018/
23/02/2019	11:00 AM	Tyrell Trail 10K		Yes	https://www.facebook.com/events/265761477471415/
23/02/2019	11:00 AM	Tyrell Trail 5K		Yes	https://www.facebook.com/events/265761477471415/
24/02/2019	8:30 AM	Bournemouth 10	Dorset Road Race League 2019 / Dorset County Championship / Imperial Series	No	http://www.bournemouthac.co.uk/community/bournemouth-10-mile-road-race/
24/02/2019	10:30 AM	Winchester 10K		Yes	http://offbeat-events.com/event/winchester-10k-road-race/
03/03/2019	8:30 AM	Wimborne Dental 20 Mile Road Race		No	http://www.wimborneac.co.uk/wimborne20home.htm
05/03/2019	8:30 AM	North Dorset Village Marathon and Relay		No	http://www.ndvm.co.uk/
09/03/2019	8:30 AM	Larmer Tree (White Star) 10 mile	Imperial Series	No	http://whitestarrunning.co.uk/
09/03/2019	9:30 AM	Larmer Tree (White Star) Half Marathon		No	http://whitestarrunning.co.uk/
09/03/2019	5:30 PM	Larmer Tree (White Star) Dark Race (8 miles ish)		No	http://whitestarrunning.co.uk/
10/03/2019	8:30 AM	Larmer Tree (White Star) Marathon		No	http://whitestarrunning.co.uk/
10/03/2019	9:00 AM	Larmer Tree (White Star) 20 Mile		No	http://whitestarrunning.co.uk/
10/03/2019	9:00 AM	Stroke Assoc. Resolution Run (Moors Valley) - 10K			https://your.resolutionrun.org.uk/?eventid=5030449&fbclid=IwAR3pmv7AajaxR2T7eAjsCp_QwQ9IKCcBjwO-YTnyfWwFfKGGHgXehhIxAnBgY
10/03/2019	9:00 AM	Stroke Assoc. Resolution Run (Moors Valley) - 15K			https://your.resolutionrun.org.uk/?eventid=5030449&fbclid=IwAR3pmv7AajaxR2T7eAjsCp_QwQ9IKCcBjwO-YTnyfWwFfKGGHgXehhIxAnBgY
10/03/2019	9:00 AM	Stroke Assoc. Resolution Run (Moors Valley) - 5K			https://your.resolutionrun.org.uk/?eventid=5030449&fbclid=IwAR3pmv7AajaxR2T7eAjsCp_QwQ9IKCcBjwO-YTnyfWwFfKGGHgXehhIxAnBgY
10/03/2019	10:00 AM	Run for Chocolate 5K - Bournemouth			https://www.racespace.com/cactus-events/run-for-chocolate-bournemouth#metabs-tickets
10/03/2019	10:00 AM	Weymouth Bay 10K		Yes	http://www.mccpromotions10kseries.com/weymouth-10km.php
17/03/2019	8:30 AM	Weymouth Half Marathon		Yes	http://www.justracinguk.com/
22/03/2019	10:30 AM	The Jurassic Coast Challenge - Day 1 - Charmouth to Portland		No	https://votwo.co.uk/collections/coastal-challenges/products/jurassic-coast-challenge
23/03/2019	7:30 AM	Lulworth Cove Running Challenge Ultra Marathon (53K)			https://trailevents.co/events/lulworth-cove/
23/03/2019	8:30 AM	Lulworth Cove Running Challenge Marathon			https://trailevents.co/events/lulworth-cove/

23/03/2019	9:30 AM	Lulworth Cove Running Challenge Half Marathon			https://trailevents.co/events/lulworth-cove/
23/03/2019	10:30 AM	Lulworth Cove Running Challenge10K			https://trailevents.co/events/lulworth-cove/
23/03/2019	10:30 AM	The Jurassic Coast Challenge - Day 2 - Portland to Lulworth Cove		No	https://votwo.co.uk/collections/coastal-challenges/products/jurassic-coast-challenge
24/03/2019	9:00 AM	Eastleigh 10K		No	http://www.runningmania.co.uk/hendy-eastleigh-10k/
24/03/2019	10:30 AM	The Jurassic Coast Challenge - Day 3 - Lulworth Cove to Shell Bay		No	https://votwo.co.uk/collections/coastal-challenges/products/jurassic-coast-challenge
31/03/2019	9:00 AM	Dorset Ooser Marathon			https://www.dorset-ooser-marathon.co.uk/
31/03/2019	9:00 AM	Yeovil Half Marathon		No	http://www.yeovilhalf.com/
31/03/2019	10:00 AM	Dorset Ooser Half Marathon	Purbeck Trail Series		https://www.dorset-ooser-marathon.co.uk/
06/04/2019	10:00 AM	The General Trail 10K (Winchester)			https://www.toughenoughraces.co.uk/
06/04/2019	10:00 AM	The General Trail 20K (Winchester)			https://www.toughenoughraces.co.uk/
07/04/2019	9:30 AM	Bournemouth Bay 10K		No	https://www.bhf.org.uk/how-you-can-help/events/runs/health-on-line-bournemouth-bay-run
07/04/2019	9:40 AM	Bournemouth Bay Family Fun Run (1 Mile)		Yes	https://www.bhf.org.uk/how-you-can-help/events/runs/health-on-line-bournemouth-bay-run
07/04/2019	10:00 AM	Bournemouth Bay Half Marathon		No	https://www.bhf.org.uk/how-you-can-help/events/runs/health-on-line-bournemouth-bay-run
07/04/2019	10:00 AM	The General Obstacle 10K (Winchester)			https://www.toughenoughraces.co.uk/
07/04/2019	11:45 AM	Bournemouth Bay 5K		No	https://www.bhf.org.uk/get-involved/events/runs/health-on-line-bournemouth-bay-run
14/04/2019	10:00 AM	City of Salisbury 10 mile road race		Yes	https://salisbury10.salisbury-arc.org/
14/04/2019	10:30 AM	Marnhull 12K (+ Fun Runs)		Yes	https://www.facebook.com/Marnhull12k/
20/04/2019	8:30 AM	Bournemouth Rotary Club Easter 2K Family Fun Run		Yes	http://www.rotary-ribi.org/clubs/page.php?PgID=591389&ClubID=1564
20/04/2019	11:00 AM	Bournemouth Rotary Easter Quarter Marathon		Yes	https://www.rotary-ribi.org/clubs/homepage.php?ClubID=1564
22/04/2019	11:00 AM	Yeovil Easter Bunny 10K		No	https://www.yeoviltownrrc.com/events/races/easter-bunny-10k.htm
27/04/2019	12:00 PM	Piddle Brewery Ale Dash 5K (Piddlehinton)			https://www.facebook.com/events/2225696221047148/
28/04/2019	9:00 AM	Jurassic Trail (West Bay) 10K			https://www.beyondevents.org.uk/listed-races/jurassic-trail
28/04/2019	9:00 AM	Jurassic Trail (West Bay) 5K			https://www.beyondevents.org.uk/listed-races/jurassic-trail
28/04/2019	9:00 AM	Jurassic Trail (West Bay) Half Marathon			https://www.beyondevents.org.uk/listed-races/jurassic-trail
28/04/2019	9:00 AM	Jurassic Trail (West Bay) Marathon			https://www.beyondevents.org.uk/listed-races/jurassic-trail
28/04/2019	9:00 AM	London Marathon		No	https://www.virginmoneylondonmarathon.com/en-gb/
01/05/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
01/05/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
05/05/2019	8:00 AM	ABP Southampton Marathon		No	http://www.abpsouthamptonhalf.co.uk/

05/05/2019	8:30 AM	North Dorset Village Marathon and Relay	Dorset Road Race League 2019 / Dorset County Championship	No	http://www.ndvm.co.uk/
05/05/2019	9:00 AM	Hellstone Half Marathon (Badger Trail)			https://www.facebook.com/events/349046175658575/
05/05/2019	9:00 AM	Hellstone Marathon (Badger Trail)			https://www.facebook.com/events/349046175658575/
05/05/2019	10:00 AM	ABP Southampton Half Marathon		No	http://www.abpsouthamptonhalf.co.uk/
05/05/2019	10:15 AM	Bridport 10K	Trifecta 10k Series		https://www.beyondevents.org.uk/listed-races/bridport-10km-and-5km
05/05/2019	10:15 AM	Bridport 5K			https://www.beyondevents.org.uk/listed-races/bridport-10km-and-5km
05/05/2019	10:15 AM	Bridport Half Marathon			https://www.beyondevents.org.uk/listed-races/bridport-10km-and-5km
05/05/2019	10:30 AM	Dorchester Lions 10K (+ 2K Family Fun Run)		Yes	https://www.lionsdorchester.org.uk/events/annual-2k-fun-run-10k-timed-run/
05/05/2019	11:00 AM	ABP Southampton 10K		No	http://www.abpsouthamptonhalf.co.uk/
05/05/2019	11:00 AM	Fordingbridge Fire Station 10K - DATE TBC		Yes	http://www.fordingbridgefirestation.com/
10/05/2019	9:30 PM	Ox (White Star) - Dark Ox Quarter Marathon		No	http://whitestarrunning.co.uk/
11/05/2019	7:30 AM	Ox (White Star) - 50-miler		No	http://whitestarrunning.co.uk/
11/05/2019	8:00 AM	Ox Frolic (White Star) - 12-hour		No	http://whitestarrunning.co.uk/
11/05/2019	10:00 AM	Maverick Original Dorset 16km		No	http://www.maverick-race.com/races/theoriginalorset2019
11/05/2019	10:00 AM	Maverick Original Dorset 23km		No	http://www.maverick-race.com/races/theoriginalorset2019
11/05/2019	10:00 AM	Maverick Original Dorset 7km		No	http://www.maverick-race.com/races/theoriginalorset2019
12/05/2019	8:30 AM	Ox (White Star) - Light Ox Quarter Marathon		No	http://whitestarrunning.co.uk/
12/05/2019	10:00 AM	Lymington 10K		No	http://www.frsystems.co.uk/lymington10k/
12/05/2019	10:30 AM	Ox (White Star) - Half Marathon		No	http://whitestarrunning.co.uk/
14/05/2019	6:30 PM	The Egdon Pyjama Jaunt (4.5m & kids 1.5m)			https://www.egdonheathharriers.com/ourraces/race.php?id=9
19/05/2019	7:30 AM	Wessex Ridgeway 100k Relay			http://www.wessexridgeway.co.uk/
19/05/2019	9:30 AM	Dorchester Half Marathon		No	https://justracinguk.com/event/dorchester-half-marathon/
19/05/2019	9:30 AM	DYMB Moors Valley 10K		No	http://run.dymb.org/
19/05/2019	9:30 AM	May 5 (Canford Heath)	Dorset Road Race League 2019	Yes	http://pooleac.co.uk/club-events/may-5/
19/05/2019	10:00 AM	Hard Way Half (Portland) - DATE TBC		Yes	https://rmpacportland.wordpress.com/the-half-way-hard/
19/05/2019	10:30 AM	Southampton AC Netley 10km		Yes	http://www.southamptonathleticclub.org.uk/wordpress/netley-10k-race/
19/05/2019	11:00 AM	Hook 10 Miles (+ Fun Runs)		No	http://www.hookfunrun.com/
22/05/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/

22/05/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
25/05/2019	12:00 PM	Frolic 24 - Lulworth Castle (White Star)			http://whitestarrunning.co.uk/
25/05/2019	7:00 PM	Egdon Easy		Yes	http://www.egdonheathharriers.com/ourraces/race.php?id=2
26/05/2019	9:00 AM	Neolithic 10K (DATE TBC)			https://www.wiltshirewildlife.org/Pages/Events/Category/sarsen-trail-and-neolithic-marathon?Take=4
26/05/2019	9:00 AM	Neolithic 5K (DATE TBC)			https://www.wiltshirewildlife.org/Pages/Events/Category/sarsen-trail-and-neolithic-marathon?Take=4
26/05/2019	9:00 AM	Neolithic Half Marathon (DATE TBC)			https://www.wiltshirewildlife.org/Pages/Events/Category/sarsen-trail-and-neolithic-marathon?Take=4
26/05/2019	9:00 AM	Neolithic Marathon (DATE TBC)			https://www.wiltshirewildlife.org/Pages/Events/Category/sarsen-trail-and-neolithic-marathon?Take=4
01/06/2019	4:30 PM	Poole Festival of Running - Children's 1 Mile Races		No	https://poolerunningevents.co.uk/
01/06/2019	6:30 PM	Poole Festival of Running - Charity 5K		Yes	https://poolerunningevents.co.uk/
02/06/2019	9:00 AM	Poole 10K		No	https://poolerunningevents.co.uk/
02/06/2019	9:00 AM	Poole Festival of Running - Half Marathon		No	https://poolerunningevents.co.uk/
02/06/2019	10:00 AM	Romsey Braishfield Beer Race		Yes	http://www.romseyroadrunners.co.uk/beer-race/
09/06/2019	9:00 AM	Yeovil Marathon		No	http://yeovilmarathon.co.uk/
09/06/2019	10:00 AM	Puddletown Plod Half Marathon	Dorset Road Race League 2019	Yes	http://www.puddletownplod.co.uk/
09/06/2019	10:00 AM	Yeovil Heron Half Marathon		No	http://yeovilmarathon.co.uk/
09/06/2019	10:30 AM	Collingbourne (Andover) Trail Half Marathon			http://andovertrailrunners.co.uk/events/collingbourne-half-marathon/
11/06/2019	7:00 PM	Corfe Mullen Children's 1 Mile Run		Yes	http://www.cm5k.co.uk/
11/06/2019	7:30 PM	Corfe Mullen 5K		Yes	http://www.cm5k.co.uk/
21/06/2019	7:30 PM	Purbeck 10K	Dorset Road Race League 2019 / Dorset County Championship	No	http://www.purbeckrunners.co.uk/
22/06/2019	8:30 AM	Giants Head Marathon (White Star)		No	http://whitestarrunning.co.uk/
22/06/2019	10:00 AM	Sydling Hill 10K (White Star)		No	http://whitestarrunning.co.uk/
22/06/2019	11:00 AM	Ferndown 10K Charity Run		Yes	www.ferndown10k.co.uk
22/06/2019	11:00 AM	Ferndown 5K Charity Run		Yes	www.ferndown10k.co.uk
22/06/2019	11:00 AM	Ferndown Charity Children's Fun Runs		Yes	www.ferndown10k.co.uk
23/06/2019	9:00 AM	Sydling Hill Advanced Bell Race 9K (White Star)			http://whitestarrunning.co.uk/
23/06/2019	10:00 AM	Lulworth Castle 10K	Purbeck Trail Series	No	http://www.lulworthcastle10k.com/
23/06/2019	10:00 AM	Sydling Hill Fun Bell Race 3K (White Star)			http://whitestarrunning.co.uk/

26/06/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
26/06/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
30/06/2019	10:00 AM	Lordshill 10K			http://www.lordshillroadrunners.org.uk/lordshill-10k
05/07/2019	10:00 AM	Moreton 12-hour event (White Star)			http://whitestarrunning.co.uk/
06/07/2019	10:00 AM	Charmouth Challenge (8 mile Fell Run)			https://charmouthchallenge.co.uk/?fbclid=IwAR21MoSIPSJk9elpxd-Y8NTnU9bgn0Gky4D3pplk5lVNj08K8U5MdMxu3TE
06/07/2019	10:00 AM	Unicorn children's 2-mile race (White Star)			http://whitestarrunning.co.uk/
06/07/2019	10:00 AM	Unicorn frolic (White Star)			http://whitestarrunning.co.uk/
06/07/2019	10:30 AM	Sway 5 (DATE TBC)		Yes	https://www.eventbrite.com/e/sway-carnival-5-mile-run-tickets-41707942579
07/07/2019	10:00 AM	Colmers Hill 10K Challenge		No	https://www.fullonsport.com/event/colmers-10k-challenge-2019/profile?fbclid=IwAR2kKxtengr5PHFgx-fwOTNRsl-yj19_8VXTx_3blbdWRO5UqaPGdPZY6fg
07/07/2019	10:00 AM	Moreton 10 (White Star)			http://whitestarrunning.co.uk/
07/07/2019	10:00 AM	Moreton Marathon (White Star)			http://whitestarrunning.co.uk/
07/07/2019	10:00 AM	Portland 10		Yes	https://rmpacportland.wordpress.com/portland-10-2/
07/07/2019	11:15 AM	New Forest Ten (+ Fun Runs)		No	http://www.nf10.co.uk/
10/07/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
10/07/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
14/07/2019	10:00 AM	Moreton 10K Trail Run - DATE TBC			http://www.wsphandac.co.uk/athletics/
21/07/2019	10:30 AM	Tarrant Valley 10K (and 1 mile fun run)		Yes	http://www.tarrantvalley10.webs.com/
24/07/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
24/07/2019	7:00 PM	Maiden Newton Madness		Yes	https://www.fullonsport.com/event/maiden-newten/profile
24/07/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
27/07/2019	8:00 AM	Cider Frolic (White Star) 12-hour event		No	http://whitestarrunning.co.uk/
27/07/2019	9:00 AM	Piddle Plod 10K			https://www.facebook.com/events/495477157587307/500294503772239/?notif_t=admin_plan_mall_activity&notif_id=1537374653197822
27/07/2019	9:00 AM	Piddle Plod 5K			https://www.facebook.com/events/495477157587307/500294503772239/?notif_t=admin_plan_mall_activity&notif_id=1537374653197822
28/07/2019	8:00 AM	Cider Frolic (White Star) Piggy Plod 10K		No	http://whitestarrunning.co.uk/
28/07/2019	9:00 AM	Beaminster 10K	Trifecta 10k Series		https://www.beyondevents.org.uk/listed-races/beaminster-10km
28/07/2019	9:00 AM	Beaminster 5K			https://www.beyondevents.org.uk/listed-races/beaminster-

					10km
28/07/2019	9:00 AM	Cider Frolic (White Star) Kids Piggy Plod 2.5K			http://whitestarrunning.co.uk/
04/08/2019	10:30 AM	Sturminster Half Marathon	Dorset Road Race League 2019 / Dorset County Championship	Yes	http://www.sturhalf.co.uk/
07/08/2019	6:45 PM	Upton Country Park - Junior Time Trial - 1 Mile	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
07/08/2019	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	Yes	http://poolerunners.co.uk/summer-series-2018/
11/08/2019	9:30 AM	Salisbury 5-4-3-2-1 50K Trail Ultra Marathon		No	http://www.salisbury54321.com/
11/08/2019	10:00 AM	Salisbury 5-4-3-2-1 Trail Marathon		No	http://www.salisbury54321.com/
11/08/2019	10:30 AM	Bridport Jurassic Coast Run 10K			https://www.fullonsport.com/event/bridport-jurassic-coast-run-10k-2019/profile
11/08/2019	10:30 AM	Bridport Jurassic Coast Run Half Marathon			https://www.fullonsport.com/event/bridport-jurassic-coast-run-half-marathon-2019/profile
11/08/2019	10:30 AM	Round the Rock 10K	Dorset Road Race League 2019	Yes	https://rmpacportland.wordpress.com/round-the-rock-10k-2/
11/08/2019	10:30 AM	Salisbury 5-4-3-2-1 Trail 33K		No	http://www.salisbury54321.com/
11/08/2019	11:00 AM	Salisbury 5-4-3-2-1 Trail Half Marathon		No	http://www.salisbury54321.com/
25/08/2019	11:00 AM	Studland Country Fair 5K - DATE TBC	Purbeck Trail Series	Yes	http://www.purbeckrunners.co.uk/our-races/studland-5k-2016/
01/09/2019	9:00 AM	Andover Trail Half Marathon			http://andovertrailrunners.co.uk/events/
01/09/2019	9:00 AM	Andover Trail Marathon			http://andovertrailrunners.co.uk/events/
01/09/2019	10:30 AM	The Beast	Purbeck Trail Series		http://pooleac.co.uk/club-events/the-beast/
07/09/2019	9:00 AM	Crafty Fox Marathon (White Star)		No	http://whitestarrunning.co.uk/
07/09/2019	9:00 AM	Crafty Fox Ultra (White Star)		No	http://whitestarrunning.co.uk/
07/09/2019	3:00 PM	Lytchett Relays - Holton Lee		Yes (STL)	http://www.lytchettmanorstriders.org/lytchettRelays.php
08/09/2019	9:00 AM	Crafty Fox Half Marathon (White Star)		No	http://whitestarrunning.co.uk/
08/09/2019	9:00 AM	Little London (Andover) 10K Trail Run			http://andovertrailrunners.co.uk/events/
08/09/2019	9:00 AM	New Forest Marathon		No	http://www.newforestmarathon.co.uk/#top
08/09/2019	9:55 AM	New Forest Half Marathon		No	http://www.newforestmarathon.co.uk/#top
08/09/2019	10:25 AM	New Forest 10K		No	http://www.newforestmarathon.co.uk/#top
08/09/2019	10:40 AM	New Forest 5K		No	http://www.newforestmarathon.co.uk/#top
14/09/2019	7:30 AM	Purbeck Ultra (54 miles)		No	http://thepurbeckrunningfestival.co.uk/
14/09/2019	8:30 AM	Purbeck 5K		No	http://thepurbeckrunningfestival.co.uk/
15/09/2019	9:30 AM	Purbeck Marathon	-	No	http://thepurbeckrunningfestival.co.uk/
15/09/2019	10:00 AM	Purbeck 16	Purbeck Trail Series	No	http://thepurbeckrunningfestival.co.uk/

15/09/2019	10:30 AM	Littletdown 5M	Dorset Road Race League 2019	No	http://www.littledownharriers.co.uk
15/09/2019	10:30 AM	Purbeck 10K		No	http://thepurbeckrunningfestival.co.uk/
21/09/2019	8:45 AM	Camelot Challenge		No	https://www.facebook.com/events/347807255955223/
22/09/2019	10:00 AM	Winchester Half Marathon			http://www.winchesterhalf.co.uk/
22/09/2019	10:20 AM	Black Hill Run (Bere Regis) 3K Junior X-Country Fun Run		Yes	http://blackhillrun.wix.com/blackhillrun
22/09/2019	11:00 AM	Black Hill Run (Bere Regis) 10K X-Country	Purbeck Trail Series	Yes	http://blackhillrun.wix.com/blackhillrun
22/09/2019	11:00 AM	Black Hill Run (Bere Regis) 5K X-Country Fun Run		Yes	http://blackhillrun.wix.com/blackhillrun
28/09/2019		Run Jurassic Marathon (White Star)			http://whitestarrunning.co.uk/
28/09/2019		Run Jurassic Ultra (White Star)			http://whitestarrunning.co.uk/
29/09/2019	12:00 PM	Salisbury Half Marathon		Yes - STL	http://www.salisburyhalf.com/
29/09/2019		Run Jurassic 10K (White Star)			http://whitestarrunning.co.uk/
29/09/2019		Run Jurassic Half Marathon (White Star)			http://whitestarrunning.co.uk/
29/09/2019		Run Jurassic Kids race (White Star)			http://whitestarrunning.co.uk/
05/10/2019	4:00 PM	Supersonic 10K			https://www.bournemouthmarathon.com/
05/10/2019	7:00 PM	Speed of Light 5K			https://www.bournemouthmarathon.com/
06/10/2019	8:00 AM	Bournemouth & Poole Half Marathon		No	https://www.bournemouthmarathon.com/
06/10/2019	10:00 AM	Bournemouth & Poole Marathon		No	https://www.bournemouthmarathon.com/
13/10/2019	9:00 AM	Burton Bradstock 10K			https://www.beyondevents.org.uk/listed-races/burton-marathon
13/10/2019	9:00 AM	Burton Bradstock 10K	Trifecta 10k Series		http://www.beyondevents.org.uk/burton_bradstock_run.html
13/10/2019	9:00 AM	Burton Bradstock 5K			https://www.beyondevents.org.uk/listed-races/burton-marathon
13/10/2019	9:00 AM	Burton Bradstock 5K			http://www.beyondevents.org.uk/burton_bradstock_run.html
13/10/2019	9:00 AM	Burton Bradstock Half Marathon			https://www.beyondevents.org.uk/listed-races/burton-marathon
13/10/2019	9:00 AM	Burton Bradstock Half Marathon			http://www.beyondevents.org.uk/burton_bradstock_run.html
13/10/2019	9:00 AM	Burton Bradstock Marathon			https://www.beyondevents.org.uk/listed-races/burton-marathon
13/10/2019	9:00 AM	Burton Bradstock Marathon			http://www.beyondevents.org.uk/burton_bradstock_run.html
13/10/2019	11:00 AM	Gold Hill 10K		Yes	http://www.goldhill10k.co.uk/
13/10/2019	11:00 AM	Studland Stampede	Purbeck Trail Series	No	http://www.studlandstampede.co.uk/
20/10/2019	9:00 AM	Weymouth 10M		Yes	http://www.egdonheathharriers.com/ourraces/race.php?id=4
20/10/2019	10:35 AM	Great South Run		No	http://www.greatrun.org/great-south-run
27/10/2019	10:30 AM	The Stickler		Yes	http://www.dorsetdoddlers.org/thestickler/index.htm

03/11/2019	10:00 AM	New Forest Stinger 10M - DATE TBC			http://www.tottonrunningclub.co.uk/#!stinger/ca3a
03/11/2019	10:00 AM	New Forest Stinger 5M - DATE TBC			http://www.tottonrunningclub.co.uk/#!stinger/ca3a
03/11/2019	11:00 AM	Gilly Hilly - DATE TBC		Yes	http://gillinghamtrotters.weebly.com/
09/11/2019		Dark Valley 10K (White Star)			http://whitestarrunning.co.uk/
09/11/2019		Dark Valley Half Marathon (White Star)			http://whitestarrunning.co.uk/
10/11/2019	9:00 AM	Beyond Gods trail run (Godshill) - 10K			https://www.facebook.com/events/2452590291424246/
10/11/2019	9:00 AM	Beyond Gods trail run (Godshill) - 5K			https://www.facebook.com/events/2452590291424246/
10/11/2019	9:00 AM	Beyond Gods trail run (Godshill) - Half Marathon			https://www.facebook.com/events/2452590291424246/
17/11/2019	10:30 AM	Wimborne 10M - DATE TBC	<u>Dorset Road Race League 2019</u>	No	http://www.wimborneac.co.uk/wimborne10home.htm
24/11/2019	11:00 AM	Boscombe 10K	<u>Dorset Road Race League 2019</u>	No	http://www.bournemouthjoggers.co.uk/

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