

Local Running Events Calendar



I have compiled below a list of local events – This is intended to be of benefit to runners to choose events to take part in; and for race organisers to promote events scheduled and to avoid clashes wherever possible.

If you would like further information on any of the races click on the hyperlink in the “Link column” to visit the race website.

Please advise any updates or corrections (*including incorrect or broken hyperlinks*), or are aware of events in the county that should be added, or if you are a race organiser and would like your race listed, please contact [Ray](#) or raygraham58@outlook.com



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Date	Time	Race	Competition	Entry on Day	Link
Every Sunday	9:00 AM	Moors Valley Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/moorsvalley-juniors/
Every Sunday	9:00 AM	New Milton Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/newmilton-juniors/course/
Every Sunday	9:00 AM	Slades Junior parkrun 2K (Ages 4-14)		Barcode	https://www.parkrun.org.uk/slades-juniors/course/
Every Sunday	9:00 AM	Upton House Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/uptonhouse-juniors/
Every Sunday	9:00 AM	Weymouth Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/weymouth-juniors/
Every Saturday	9:00 AM	Blandford parkrun (5K)		Barcode	http://www.parkrun.org.uk/blandford/course/
Every Saturday	9:00 AM	Bournemouth parkrun (5K)		Barcode	http://www.parkrun.org.uk/bournemouth/course/
Every Saturday	9:00 AM	Durlston Country Park parkrun (5K)		Barcode	https://www.parkrun.org.uk/durlstoncountrypark/course/
Every Saturday	9:00 AM	Moors Valley parkrun (5K)		Barcode	http://www.parkrun.org.uk/moorsvalley/course/
Every Saturday	9:00 AM	Poole parkrun (5K)		Barcode	http://www.parkrun.org.uk/poole/course/
Every Saturday	9:00 AM	St Mary's (Bridport) parkrun (5K)		Barcode	https://www.parkrun.org.uk/stmarys/course/
Every Saturday	9:00 AM	The Great Field (Poundbury) parkrun (5K)		Barcode	https://www.parkrun.org.uk/thegreatfield/course/
Every Saturday	9:00 AM	Upton House parkrun (5K)		Barcode	http://www.parkrun.org.uk/uptonhouse/
Every Saturday	9:00 AM	Weymouth parkrun (5K)		Barcode	http://www.parkrun.org.uk/weymouth/course/
Every Sunday	9:00 AM	Moors Valley Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/moorsvalley-juniors/
Every Sunday	9:00 AM	New Milton Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/newmilton-juniors/course/
Every Sunday	9:00 AM	Slades Junior parkrun 2K (Ages 4-14)		Barcode	https://www.parkrun.org.uk/slades-juniors/course/
Every Sunday	9:00 AM	Upton House Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/uptonhouse-juniors/
Every Sunday	9:00 AM	Weymouth Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/weymouth-juniors/
Every Saturday	9:00 AM	Blandford parkrun (5K)		Barcode	http://www.parkrun.org.uk/blandford/course/
Every Saturday	9:00 AM	Bournemouth parkrun (5K)		Barcode	http://www.parkrun.org.uk/bournemouth/course/
Every Saturday	9:00 AM	Durlston Country Park parkrun (5K)		Barcode	https://www.parkrun.org.uk/durlstoncountrypark/course/
Every Saturday	9:00 AM	Fordingbridge parkrun (5K)		Barcode	https://www.parkrun.org.uk/fordingbridgerecreationground/course/
Every Saturday	9:00 AM	Moors Valley parkrun (5K)		Barcode	http://www.parkrun.org.uk/moorsvalley/course/
Every Saturday	9:00 AM	Poole parkrun (5K)		Barcode	http://www.parkrun.org.uk/poole/course/
Every Saturday	9:00 AM	St Mary's (Bridport) parkrun (5K)		Barcode	https://www.parkrun.org.uk/stmarys/course/

Date	Time	Race	Competition	Entry on Day	Link
Every Saturday	9:00 AM	The Great Field (Poundbury) parkrun (5K)		Barcode	https://www.parkrun.org.uk/thegreatfield/course/
Every Saturday	9:00 AM	Upton House parkrun (5K)		Barcode	http://www.parkrun.org.uk/uptonhouse/
Every Saturday	9:00 AM	Weymouth parkrun (5K)		Barcode	http://www.parkrun.org.uk/weymouth/course/
02/11/2025	9:00 AM	Hayling 10		No	http://www.havantac.co.uk/hayling-10/
08/11/2025	9:30 AM	Poole Mo Run 1.5K Children's Run (Upton Country Park)			https://www.mo-running.com/poole
08/11/2025	9:30 AM	Poole Mo Run 10K (Upton Country Park)			https://www.mo-running.com/poole
08/11/2025	9:30 AM	Poole Mo Run 5K (Upton Country Park)			https://www.mo-running.com/poole
08/11/2025	9:30 AM	Poole Mo Run Half Marathon (Upton Country Park)			https://www.mo-running.com/poole
08/11/2025	4:30 PM	Dark Dorset 10 (Tri-Counties Trail) - Eastbury Park (Tarrant Gunville, Blandford)			https://tctr.co.uk/event/dark-dorset/
09/11/2025	9:30 AM	Blue Castle Run 3M (Blue Pool, Furzebrook, Wareham)			https://blue-castle-run.wixsite.com/bluecastlerun
09/11/2025	9:30 AM	Blue Castle Run 7M (Blue Pool, Furzebrook, Wareham)	Purbeck Trail Series 2025		https://blue-castle-run.wixsite.com/bluecastlerun
15/11/2025	9:00 AM	New Forest Trail Run Central (Roundhill, Brockenhurst) 22K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-central-trail-run-2025
15/11/2025	9:15 AM	New Forest Trail Run Central (Roundhill, Brockenhurst) 17K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-central-trail-run-2025
15/11/2025	9:30 AM	New Forest Trail Run Central (Roundhill, Brockenhurst) 10K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-central-trail-run-2025
15/11/2025	5:00 PM	Maverick Dark Castle (Corfe Castle) - Long 15km		No	https://www.maverick-race.com/products/the-maverick-exposure-lights-dark-castle-2025
15/11/2025	5:00 PM	Maverick Dark Castle (Corfe Castle) - Middle 11km		No	https://www.maverick-race.com/products/the-maverick-exposure-lights-dark-castle-2025
15/11/2025	5:00 PM	Maverick Dark Castle (Corfe Castle) - Short 5km		No	https://www.maverick-race.com/products/the-maverick-exposure-lights-dark-castle-2025
16/11/2025	10:00 AM	Gosport Half Marathon			http://www.gosporhalf.org/
16/11/2025	10:30 AM	Wimborne 10M			https://www.wimborneac.co.uk/wimborne-10/
16/11/2025	10:30 AM	Wimborne 10M	Dorset Road Race League 2025		https://www.wimborneac.co.uk/wimborne-10/
22/11/2025	8:30 AM	Bournemouth Coastal Ten 10M (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/bournemouth-coastal-ten-run-2025
22/11/2025	9:00 AM	Bournemouth Coastal Ten 10K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/bournemouth-coastal-ten-run-2025
22/11/2025	5:30 PM	Dark Valley, Night Trails 10K - Moors Valley (Big Feat Events)			https://bigfeatevents.eventrac.co.uk/e/dark-valley-night-trails-7126
22/11/2025	5:30 PM	Dark Valley, Night Trails 20K - Moors Valley (Big Feat Events)			https://bigfeatevents.eventrac.co.uk/e/dark-valley-night-trails-7126

Date	Time	Race	Competition	Entry on Day	Link
22/11/2025	5:30 PM	Dark Valley, Night Trails 30K - Moors Valley (Big Feat Events)			https://bigfeatevents.eventrac.co.uk/e/dark-valley-night-trails-7126
23/11/2025	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events
23/11/2025	9:30 AM	Boscombe Children's 1.5K Fun Run		No	https://www.bournemouthjoggers.co.uk/boscombe10k
23/11/2025	10:00 AM	New Forest Stinger 10M			https://www.tottonrunningclub.co.uk/stinger
23/11/2025	10:30 AM	Boscombe 10K	Dorset Road Race League 2025 / Dorset County Championship	No	https://www.bournemouthjoggers.co.uk/boscombe10k
06/12/2025	8:00 AM	Endurance Life CTS Dorset (Swanage) Ultra (37.2M)		No	https://www.endurancelife.com/dorset
06/12/2025	8:30 AM	Endurance Life CTS Dorset (Swanage) Marathon		No	https://www.endurancelife.com/dorset
06/12/2025	10:00 AM	Endurance Life CTS Dorset (Swanage) Half Marathon		No	https://www.endurancelife.com/dorset
06/12/2025	11:15 AM	Endurance Life CTS Dorset (Swanage) 10km		No	https://www.endurancelife.com/dorset
07/12/2025	8:00 AM	New Forest Xmas Trails 50K Ultra - Holmesly, Bransgore (Big Feat Events)			https://bigfeatevents.eventrac.co.uk/e/new-forest-xmas-trails-13226
07/12/2025	8:00 AM	New Forest Xmas Trails Marathon - Holmesly, Bransgore (Big Feat Events)			https://bigfeatevents.eventrac.co.uk/e/new-forest-xmas-trails-13226
07/12/2025	9:00 AM	New Forest Xmas Trails 15K - Holmesly, Bransgore (Big Feat Events)			https://bigfeatevents.eventrac.co.uk/e/new-forest-xmas-trails-13226
07/12/2025	9:00 AM	New Forest Xmas Trails 30K - Holmesly, Bransgore (Big Feat Events)			https://bigfeatevents.eventrac.co.uk/e/new-forest-xmas-trails-13226
07/12/2025	10:00 AM	Great Motcombe Santa Run			https://facebook.com/events/s/the-great-motcombe-santa-run/1920338908703515/
14/12/2025	7:00 AM	'Step into Christmas' - 7 hour timed, lapped event - Southbourne Beach (Long Player Running)	SoBo Series		https://www.longplayerrunning.co.uk/e/sobo-series-volumes-1-4-13131
14/12/2025	10:00 AM	Jingle Bell run (3K children's run) - Southbourne Beach (Long Player Running)			https://www.longplayerrunning.co.uk/e/jingle-bell-run-13890
14/12/2025	10:00 AM	Santa Stour River Fun Run (from Wimborne Football Club) 2.5K and 5K		No	www.wimbornerotary.org/giving
21/12/2025	8:30 AM	Communifit 10K Series (Sherborne)			https://www.communifit.co.uk/product/charity-run-5k-or-10k/
21/12/2025	8:30 AM	Communifit 5K Series (Sherborne)			https://www.communifit.co.uk/product/charity-run-5k-or-10k/
21/12/2025	10:00 AM	Slow and Dirty 19K (Tri-Counties Trail) - Sturminster Newton to Spetisbury			https://tctr.co.uk/event/up-on-the-downs-3-4-3-2-2/
25/12/2025	9:00 AM	Christmas Day Parkrun - Fordingbridge (5K)		Barcode	https://www.parkrun.org.uk/special-events/
25/12/2025	9:00 AM	Christmas Day Parkrun - Poole (5K)		Barcode	https://www.parkrun.org.uk/special-events/

Date	Time	Race	Competition	Entry on Day	Link
28/12/2025	9:00 AM	Tinsel 10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events
01/01/2026	10:30 AM	Broadstone Quarter Marathon	Dorset Road Race League 2026 (TBC)		http://poolerunners.co.uk/broadstone-quarter/
10/01/2026	5:00 PM	Dark Moors 10M (Out There Running)			https://www.outthererunning.net/event-details/dark-moors-neon-edition
10/01/2026	5:10 PM	Dark Moors 5M (Out There Running)			https://www.outthererunning.net/event-details/dark-moors-neon-edition
11/01/2026	9:00 AM	Swanage 10K		No	https://bookitzone.com/Swanage10k/xLjFFX
11/01/2026	9:30 AM	Winchester Trail Run 21K - (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/winchester-trail-run-2026
11/01/2026	9:45 AM	Winchester Trail Run 12K - (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/winchester-trail-run-2026
17/01/2026	9:30 AM	The Maverick New Forest Gravel 2026 (Holmsley Campsite) - Long 22K		No	https://www.maverick-race.com/products/the-maverick-new-forest-gravel-run-2026
17/01/2026	10:00 AM	The Maverick New Forest Gravel 2026 (Holmsley Campsite) - Medium 12K		No	https://www.maverick-race.com/products/the-maverick-new-forest-gravel-run-2026
17/01/2026	10:15 AM	The Maverick New Forest Gravel 2026 (Holmsley Campsite) - Short 6K		No	https://www.maverick-race.com/products/the-maverick-new-forest-gravel-run-2026
17/01/2026	4:00 PM	The Dark Dirty Devil (Bovington) 10K (Bustinskin Events)		No	https://bustinskintriathlonclub.clubtrac.co.uk/e/the-dark-dirty-devil-11894
18/01/2026	9:00 AM	Romsey 5 (Challenging Events)		Yes	https://challenging.events/e/romsey-5-mile-8647
18/01/2026	11:00 AM	Dirty Devil Stampede (Bovington) 10K (Bustinskin Events)		No	https://bustinskintriathlonclub.clubtrac.co.uk/e/the-dirty-devil-stampede-10831
18/01/2026	11:00 AM	Dirty Devil Stampede (Bovington) 15K (Bustinskin Events)		No	https://bustinskintriathlonclub.clubtrac.co.uk/e/the-dirty-devil-stampede-10831
18/01/2026	11:00 AM	Dirty Devil Stampede (Bovington) 5K (Bustinskin Events)		No	https://bustinskintriathlonclub.clubtrac.co.uk/e/the-dirty-devil-stampede-10831
25/01/2026	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events
25/01/2026	10:00 AM	Moors Valley Wildwood Half Marathon (BCS Events)			https://bigcowsports.com/moors-valley-wildwood-trail-series/
25/01/2026	10:30 AM	Moors Valley Wildwood 10K (BCS Events)			https://bigcowsports.com/moors-valley-wildwood-trail-series/
01/02/2026	11:00 AM	Blackmore Vale Half Marathon	Dorset Road Race League 2026 / Dorset County Championship (TBC)		https://englandathletics.sport80.com/public/wizard/e/28524
01/02/2026	11:10 AM	Blackmore Vale 5.25M Fun Run			https://englandathletics.sport80.com/public/wizard/e/28524

Date	Time	Race	Competition	Entry on Day	Link
08/02/2026	9:00 AM	Lytchett 10 - DATE TBC	Dorset Road Race League 2026 (TBC)		https://lytchettmanorstriders.org/races/lytchett10
08/02/2026	9:00 AM	Portland Coastal Marathon (Bustinskin Events)		No	https://bustinskintriathlonclub.clubtrac.co.uk/e/portland-coastal-marathon-half-marathon-and-10k-10519
08/02/2026	9:30 AM	Portland Coastal Half Marathon (Bustinskin Events)		No	https://bustinskintriathlonclub.clubtrac.co.uk/e/portland-coastal-marathon-half-marathon-and-10k-10519
08/02/2026	10:00 AM	Portland Coastal 10K (Bustinskin Events)		No	https://bustinskintriathlonclub.clubtrac.co.uk/e/portland-coastal-marathon-half-marathon-and-10k-10519
15/02/2026	7:00 AM	'My Funny Valentine'- 7 hour timed, lapped event - Southbourne Beach (Long Player Running)	SoBo Series		https://www.longplayerrunning.co.uk/e/sobo-series-volumes-1-4-13131
15/02/2026	10:00 AM	Dalwood 3 Hills (Axminster) 10M (Ruby Red Running)			https://rubyredrunning.com/dalwood-3-hills/
15/02/2026	10:05 AM	Dalwood Dash (Axminster) 5K (Ruby Red Running)			https://rubyredrunning.com/dalwood-3-hills/
15/02/2026	10:10 AM	Dalwood Doodle (Axminster) 3K (Ruby Red Running)			https://rubyredrunning.com/dalwood-3-hills/
22/02/2026	8:30 AM	Winchester 10K (Challenging Events)			https://challenging.events/e/winchester-10k-8646
22/02/2026	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events
28/02/2026	8:00 AM	Lulworth Cove Trails (Run Through) 50K			https://www.runthrough.co.uk/event/lulworth-cove-trails-february-2026
28/02/2026	9:00 AM	Lulworth Cove Trails (Run Through) 27K			https://www.runthrough.co.uk/event/lulworth-cove-trails-february-2026
28/02/2026	9:30 AM	Lulworth Cove Trails (Run Through) 10K			https://www.runthrough.co.uk/event/lulworth-cove-trails-february-2026
01/03/2026	10:00 AM	Weymouth Bay 10K (MCC Promotions)			https://www.mccpromotions.com/e/weymouth-bay-10k-3725
07/03/2026	9:10 AM	New Forest Trail Run (Hinton Admiral) 22K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-hinton-admiral-trail-run-2026
07/03/2026	9:15 AM	New Forest Trail Run (Hinton Admiral) 15K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-hinton-admiral-trail-run-2026
07/03/2026	9:30 AM	New Forest Trail Run (Hinton Admiral) 10K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-hinton-admiral-trail-run-2026
08/03/2026	8:00 AM	Wight Riot'- 7 hour timed, lapped event - Milford (Long Player Running)	SoBo Series		https://www.longplayerrunning.co.uk/e/wight-riot-13414
08/03/2026	10:00 AM	Seaton Grizzly 20M			https://www.axevalleyrunners.org.uk/grizzly/
08/03/2026	10:00 AM	Solent Half Marathon		No	http://www.hardleyrunners.co.uk/SolentHalf.html
08/03/2026	11:00 AM	Southampton Common 10K (MCC Promotions)			https://www.mccpromotions.com/e/southampton-common-10k-charity-fun-run-3734
14/03/2026	9:00 AM	Jurassic Express (Swanage) 21K - (Run Rebel			https://www.ukrunningevents.co.uk/events/trail-runs/jurassic-

Date	Time	Race	Competition	Entry on Day	Link
		Events)			express-trail-run-swanage-2026
14/03/2026	9:15 AM	Jurassic Express (Swanage) 17K - (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/jurassic-express-trail-run-swanage-2026
14/03/2026	9:30 AM	Jurassic Express (Swanage) 11K - (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/jurassic-express-trail-run-swanage-2026
15/03/2026	8:30 AM	Weymouth Half Marathon		Yes	https://justracinguk.com/event/weymouth-half-marathon/
22/03/2026	9:00 AM	Eastleigh 10K (Running Mania)		No	https://runningmania.co.uk/eastleigh-10k/
22/03/2026	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events
22/03/2026	9:15 AM	Bournemouth Bay 10K	<u>Dorset Road Race League 2026 (TBC)</u>	No	https://bournemouthbayrun.co.uk/
22/03/2026	9:25 AM	Bournemouth Bay Family Fun Run (1 Mile)		Yes	https://bournemouthbayrun.co.uk/
22/03/2026	10:00 AM	Bournemouth Bay Half Marathon		No	https://bournemouthbayrun.co.uk/
22/03/2026	12:15 PM	Bournemouth Bay 5K		No	https://bournemouthbayrun.co.uk/
29/03/2026	9:00 AM	Yeovil Half Marathon		No	http://www.yeovilhalf.com/
29/03/2026	10:00 AM	Minster Challenge (Axminster) 12K (Ruby Red Running)			https://rubyredrunning.com/minster-challenge/
29/03/2026	10:05 AM	Minster Challenge (Axminster) 5K (Ruby Red Running)			https://rubyredrunning.com/minster-challenge/
12/04/2026	10:00 AM	Salisbury 10 mile road race	<u>Hampshire RRL</u>		https://www.salisbury-arc.org/salisbury-10
12/04/2026	10:00 AM	Shaftesbury Rotary Club Easter Fun Run 10K (Gold Hill, Shaftesbury)			https://www.facebook.com/share/p/16jCSzZSVM/
12/04/2026	10:30 AM	Shaftesbury Rotary Club Easter Fun Run 5K (Gold Hill, Shaftesbury)			https://www.facebook.com/share/p/16jCSzZSVM/
26/04/2026	7:00 AM	London Calling'- 7 hour timed event - Shillingstone(Long Player Running)	<u>SoBo Series</u>		https://www.longplayerrunning.co.uk/e/london-calling-13338
26/04/2026	9:00 AM	London Marathon		No	https://www.virginmoneylondonmarathon.com/en-gb/
26/04/2026	9:00 AM	Trail Running Festival - Wimborne St Giles (ORA Events) - Marathon			UK Trail Running Festival Trail Running Events Trail Runs
26/04/2026	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events
26/04/2026	9:55 AM	Trail Running Festival - Wimborne St Giles (ORA Events) - Half Marathon			UK Trail Running Festival Trail Running Events Trail Runs
26/04/2026	10:30 AM	Trail Running Festival - Wimborne St Giles (ORA Events) - 10K			UK Trail Running Festival Trail Running Events Trail Runs
26/04/2026	10:45 AM	Trail Running Festival - Wimborne St Giles - Wimborne St Giles (ORA Events) - - 5K			UK Trail Running Festival Trail Running Events Trail Runs
01/05/2026	12:00 PM	Portland Pig BackYard Ultra (Bustinskin Events)			https://bustinskintriathlonclub.clubtrac.co.uk/e/portland-pig-backyard-ultra-10522
03/05/2026	8:00 AM	ABP Southampton Marathon		No	http://www.abpsouthamptonhalf.co.uk/

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03/05/2026	8:30 AM	North Dorset Village Marathon	<u>Dorset Road Race League 2026 (TBC)</u>	No	http://www.ndvm.co.uk/
03/05/2026	8:30 AM	North Dorset Village Relay		No	http://www.ndvm.co.uk/
03/05/2026	10:00 AM	ABP Southampton Half Marathon		No	http://www.abpsouthamptonhalf.co.uk/
03/05/2026	11:00 AM	ABP Southampton 10K		No	http://www.abpsouthamptonhalf.co.uk/
03/05/2026	11:00 AM	ABP Southampton 5K		No	http://www.abpsouthamptonhalf.co.uk/
06/05/2026	6:45 PM	Upton Country Park - Junior Time Trial 1M	<u>Upton Summer Series</u>	No	http://poolerunners.co.uk/upton-summer-series/
06/05/2026	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	<u>Upton Summer Series</u>	No	http://poolerunners.co.uk/upton-summer-series/
10/05/2026	10:00 AM	Hardy Half (trail half marathon starting in Dorchester)			www.hardyhalf.com
16/05/2026	9:30 AM	Dorset Mud Run			https://www.thedorsetmudrun.co.uk/
17/05/2026	7:00 AM	Good Vibrations' - 7 hour timed, lapped event - Southbourne Beach (Long Player Running)	<u>SoBo Series</u>		https://www.longplayerrunning.co.uk/e/sobo-series-volumes-1-4-13131
17/05/2026	9:30 AM	Dorset Mud Run			https://www.thedorsetmudrun.co.uk/
17/05/2026	9:30 AM	May 5 (Canford Heath)	<u>Dorset Road Race League 2026 (TBC)</u>		http://pooleac.co.uk/club-events/may-5/
23/05/2026	7:00 PM	Egdon Easy		Yes	http://www.egdonheathharriers.com/ourraces/race.php?id=2
24/05/2026	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events
24/05/2026	10:00 AM	Race for Men Salisbury Half Marathon			https://www.letsdothis.com/gb/e/race-for-men-salisbury-2026-248697
24/05/2026	10:45 AM	Race for Men Salisbury 10K			https://www.letsdothis.com/gb/e/race-for-men-salisbury-2026-248697
24/05/2026	11:00 AM	Race for Men Salisbury 3K Fun Run			https://www.letsdothis.com/gb/e/race-for-men-salisbury-2026-248697
24/05/2026	11:00 AM	Race for Men Salisbury 5K			https://www.letsdothis.com/gb/e/race-for-men-salisbury-2026-248697
27/05/2026	6:45 PM	Upton Country Park - Junior Time Trial 1M	<u>Upton Summer Series</u>	No	http://poolerunners.co.uk/upton-summer-series/
27/05/2026	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	<u>Upton Summer Series</u>	No	http://poolerunners.co.uk/upton-summer-series/
30/05/2026	10:00 AM	Race for Life - Poole 10K		No	https://raceforlife.cancerresearchuk.org/find-an-event
30/05/2026	11:00 AM	Race for Life 3K - Poole		No	https://raceforlife.cancerresearchuk.org/find-an-event
30/05/2026	11:00 AM	Race for Life 5K - Poole		No	https://raceforlife.cancerresearchuk.org/find-an-event
30/05/2026	12:00 PM	Race for Life - Poole Pretty Muddy Kids		No	https://raceforlife.cancerresearchuk.org/find-an-event
30/05/2026	1:00 PM	Race for Life - Poole Pretty Muddy 5K		No	https://raceforlife.cancerresearchuk.org/find-an-event
07/06/2026	7:30 AM	Bournemouth Beach Race 10K (Challenging)			https://challenging.events/e/bournemouth-beach-race-14224

Date	Time	Race	Competition	Entry on Day	Link
		Events)			
07/06/2026	8:00 AM	Bournemouth Beach Race 10K (Challenging Events)			https://challenging.events/e/bournemouth-beach-race-14224
07/06/2026	11:00 AM	Race for Life 5K - Salisbury		No	https://raceforlife.cancerresearchuk.org/find-an-event
12/06/2026	7:30 PM	Purbeck 10K - DATE TBC	Dorset Road Race League 2026 (TBC)	No	https://www.purbeckrunners.co.uk/purbeck-10k/
13/06/2026	9:45 AM	The Maverick Dorset Trail 2026 (Wilkswood Farm) - Long 23k		No	https://www.maverick-race.com/products/the-maverick-dorset-trail-run-2026
13/06/2026	10:00 AM	The Maverick Dorset Trail 2026 (Wilkswood Farm) - Medium 13k		No	https://www.maverick-race.com/products/the-maverick-dorset-trail-run-2026
13/06/2026	10:15 AM	The Maverick Dorset Trail 2026 (Wilkswood Farm) - Short 7k		No	https://www.maverick-race.com/products/the-maverick-dorset-trail-run-2026
20/06/2026	9:00 AM	Giants Head Marathon (Big Feat Events)		No	https://bigfeatevents.eventrac.co.uk/e/giants-head-marathon-weekend-7059
20/06/2026	10:00 AM	Race for Life - Southampton 10K		No	https://raceforlife.cancerresearchuk.org/find-an-event
20/06/2026	10:30 AM	Giants Head 10K (Big Feat Events)		No	https://bigfeatevents.eventrac.co.uk/e/giants-head-marathon-weekend-7059
20/06/2026	11:00 AM	Race for Life 3K - Southampton		No	https://raceforlife.cancerresearchuk.org/find-an-event
20/06/2026	11:00 AM	Race for Life 5K - Southampton		No	https://raceforlife.cancerresearchuk.org/find-an-event
20/06/2026	12:00 PM	Race for Life - Southampton Pretty Muddy Kids		No	https://raceforlife.cancerresearchuk.org/find-an-event
20/06/2026	1:00 PM	Race for Life - Southampton Pretty Muddy 5K		No	https://raceforlife.cancerresearchuk.org/find-an-event
21/06/2026	9:00 AM	Giants Head Little Bell Race (Big Feat Events)		No	https://bigfeatevents.eventrac.co.uk/e/giants-head-marathon-weekend-7059
21/06/2026	10:00 AM	Coombe Keynes 10K (formerly known as Lulworth Castle 10K) - DATE TBC	Purbeck Trail Series 2026 (TBC)	No	www.CK10K.com
21/06/2026	10:30 AM	Giants Head Half Marathon (Big Feat Events)		No	https://bigfeatevents.eventrac.co.uk/e/giants-head-marathon-weekend-7059
28/06/2026	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events
08/07/2026	6:45 PM	Upton Country Park - Junior Time Trial 1M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
08/07/2026	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
17/07/2026	7:45 PM	Cider 5K (Running Events Devon) - Myncen Farm, nr Blandford			https://runningeventsdevon.co.uk/on-tour
17/07/2026	8:00 PM	Cider 12 Night Challenge (Running Events Devon) - Myncen Farm, nr Blandford			https://runningeventsdevon.co.uk/on-tour
17/07/2026	8:00 PM	Cider 24 Solo Challenge (Running Events			https://runningeventsdevon.co.uk/on-tour

Date	Time	Race	Competition	Entry on Day	Link
		Devon) - Myncen Farm, nr Blandford			
18/07/2026	8:00 AM	Cider 12 Hour Challenge Solo & Teams (Running Events Devon) - Myncen Farm, nr Blandford			https://runningeventsdevon.co.uk/on-tour
19/07/2026	9:00 AM	Junior Apple Plod (Running Events Devon) Kids Piggy Plod 4K - Myncen Farm, nr Blandford			https://runningeventsdevon.co.uk/on-tour
19/07/2026	10:30 AM	Apple Plod 10K (Running Events Devon) - Myncen Farm, nr Blandford			https://runningeventsdevon.co.uk/on-tour
22/07/2026	7:00 PM	Maiden New Ten		Yes	https://maidennewtonrunners.clubtrac.co.uk/e/maiden-new-ten-12603
29/07/2026	6:45 PM	Upton Country Park - Junior Time Trial 1M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
29/07/2026	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
02/08/2026	10:30 AM	Sturminster Half Marathon	Dorset Road Race League 2026 (TBC)		http://www.sturhalf.co.uk/
02/08/2026	10:35 AM	Stur 5K		Yes	http://www.sturhalf.co.uk/
16/08/2026	9:30 AM	Southampton Running Festival (Run Through) Half Marathon			https://www.runthrough.co.uk/event/southampton-running-festival-august-2026
16/08/2026	10:00 AM	Southampton Running Festival (Run Through) 10K			https://www.runthrough.co.uk/event/southampton-running-festival-august-2026
16/08/2026	10:05 AM	Southampton Running Festival (Run Through) 5K			https://www.runthrough.co.uk/event/southampton-running-festival-august-2026
19/08/2026	6:45 PM	Upton Country Park - Junior Time Trial 1M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
19/08/2026	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
06/09/2026	10:00 AM	The Beast - DATE TBC	Purbeck Trail Series 2026	No	http://pooleac.co.uk/club-events/the-beast/
13/09/2026	9:00 AM	New Forest Marathon (ORA Events)			https://www.newforestmarathon.co.uk/home/#top
13/09/2026	9:55 AM	New Forest Half Marathon (ORA Events)			https://www.newforestmarathon.co.uk/home/#top
20/09/2026	9:00 AM	Something to Talk About 7 hour race - Avon Tyrell (Long Player Running)			https://www.longplayerrunning.co.uk/e/something-to-talk-about-13244
20/09/2026	10:00 AM	Winchester Half Marathon (Challenging Events)			https://challenging.events/e/winchester-half-marathon-9903
20/09/2026	11:00 AM	Black Hill Run (Bere Regis) 10K X-Country	Purbeck Trail Series 2026 (TBC)	No	https://blackhillrun.wixsite.com/blackhillrun/home
20/09/2026	11:00 AM	Black Hill Run (Bere Regis) 5K X-Country Fun		No	https://blackhillrun.wixsite.com/blackhillrun/home

Date	Time	Race	Competition	Entry on Day	Link
		Run			
27/09/2026	7:00 AM	Stop Me (if you think you've heard this one before)'- 7 hour timed, lapped event - Southbourne Beach (Long Player Running)	SoBo Series		https://www.longplayerrunning.co.uk/e/sobo-series-volumes-1-4-13131
27/09/2026	10:30 AM	Round The Lakes September 10k (Poole Park) - DATE TBC	Dorset Road Race League 2026 (TBC)		http://pooleac.co.uk/club-events/round-the-lakes/
03/10/2026	7:30 AM	Run to the Sea Ultra Marathon (Ringwood to Hengistbury Head)			https://www.runtothesea.com/bournemouth
04/10/2026	10:30 AM	Clarendon Marathon: Salisbury to Winchester		No	http://www.clarendon-marathon.co.uk/
04/10/2026	10:30 AM	Clarendon Mini (5 miles)		No	http://www.clarendon-marathon.co.uk/
04/10/2026	10:30 AM	Studland Stampede	Purbeck Trail Series 2026 (TBC)	No	http://www.studlandstampede.co.uk/
04/10/2026	11:00 AM	Clarendon Half Marathon: Broughton to Winchester		No	http://www.clarendon-marathon.co.uk/
10/10/2026	2:00 PM	Run Bournemouth - Junior 2K			www.runbournemouth.com
10/10/2026	2:45 PM	Run Bournemouth - Junior 1.5K			www.runbournemouth.com
10/10/2026	3:30 PM	Run Bournemouth - Kids Kilo			www.runbournemouth.com
10/10/2026	7:00 PM	Run Bournemouth - Supernova 5K			www.runbournemouth.com
11/10/2026	9:00 AM	Run Bournemouth - Supersonic 10K			www.runbournemouth.com
11/10/2026	11:00 AM	Run Bournemouth - Half Marathon		No	www.runbournemouth.com
17/10/2026	6:30 AM	Maverick Jurassic Coast X-Trail 2026 (Burnbake, Corfe Castle) - Ultra 102K			https://www.maverick-race.com/products/the-maverick-jurassic-coast-x-trail-2026
17/10/2026	9:00 AM	Maverick Jurassic Coast X-Trail 2026 (Burnbake, Corfe Castle) - Ultra 54K			https://www.maverick-race.com/products/the-maverick-jurassic-coast-x-trail-2026
17/10/2026	10:00 AM	Maverick Jurassic Coast Trail 2026 (Burnbake, Corfe Castle) - Long 24k		No	https://www.maverick-race.com/products/the-maverick-jurassic-coast-trail-run-2026
17/10/2026	11:00 AM	Maverick Jurassic Coast Trail 2026 (Burnbake, Corfe Castle) - Middle 12k		No	https://www.maverick-race.com/products/the-maverick-jurassic-coast-trail-run-2026
17/10/2026	11:00 AM	Maverick Jurassic Coast Trail 2026 (Burnbake, Corfe Castle) - Short 6k		No	https://www.maverick-race.com/products/the-maverick-jurassic-coast-trail-run-2026
18/10/2026	9:00 AM	Weymouth 10M	Dorset Road Race League 2026 / Dorset County Championship (TBC)	Yes	http://www.egdonheathharriers.com/ourraces/race.php?id=4
18/10/2026	10:35 AM	Great South Run		No	http://www.greatrun.org/great-south-run
25/10/2026	9:00 AM	Wight Lines 7 hour race - Milford (Long Player Running)			https://www.longplayerrunning.co.uk/e/wight-lines-13307

Date	Time	Race	Competition	Entry on Day	Link
01/11/2026	5:00 PM	Maverick Dark Castle (Corfe Castle) - Long 15km - TBC		No	https://www.maverick-race.com/products/the-maverick-dorset-dark-castle-trail-run-2026
01/11/2026	5:00 PM	Maverick Dark Castle (Corfe Castle) - Middle 11km - TBC		No	https://www.maverick-race.com/products/the-maverick-dorset-dark-castle-trail-run-2026
01/11/2026	5:00 PM	Maverick Dark Castle (Corfe Castle) - Short 5km - TBC		No	https://www.maverick-race.com/products/the-maverick-dorset-dark-castle-trail-run-2026
14/11/2026	9:00 AM	New Forest Trail Run Central (Roundhill, Brockenhurst) 22K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-roundhill-trail-run-2026
14/11/2026	9:15 AM	New Forest Trail Run Central (Roundhill, Brockenhurst) 17K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-roundhill-trail-run-2026
14/11/2026	9:30 AM	New Forest Trail Run Central (Roundhill, Brockenhurst) 10K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-roundhill-trail-run-2026
15/11/2026	10:30 AM	Wimborne 10M - DATE TBC	Dorset Road Race League 2026 (TBC)		https://www.wimborneac.co.uk/wimborne-10/
21/11/2026	8:30 AM	Bournemouth Coastal Ten 10M (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/bournemouth-coastal-ten-run-2026
21/11/2026	9:00 AM	Bournemouth Coastal Ten 10K (Run Rebel Events)			https://www.ukrunningevents.co.uk/events/trail-runs/bournemouth-coastal-ten-run-2026
22/11/2026	10:30 AM	Boscombe 10K - DATE TBC	Dorset Road Race League 2026 (TBC)	No	https://www.bournemouthjoggers.co.uk/boscombe10k

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