

# DORSET ROAD RACE LEAGUE RULES

**January 2024**

- Amended January 25th 1999 for Rule 6d
- Amended February 11th 1999 for Rule 8iii
- Amended January 2nd 2000 for Rule 8i
- Amended August 30th 2000 for Rule 2 and minor wording changes.
- Complete Revision December 2005
- Revised December 2010
- Revised January 2020
- Revised January 2024 (Rule 2 and 4)

## Introduction

The Dorset Road Race League (DRRL) shall be a not-for-profit organisation comprised of UKA Affiliated clubs that are located in the county of Dorset, who:

- Via a series of races share the aim to promote friendly competition at county level.
- Share best practice via the organising committee to improve standards of UKA licensed road races in the area.
- Provide a means of seeking and offering support (e.g. sharing advice and assets) between member Clubs.

1. The season shall run from 1<sup>st</sup> January to 31<sup>st</sup> December and will consist of twelve races of varying distances spread throughout the year

2. The following competitions shall be included:-

- a. First two Division 1 Male teams (5 to score)
- b. First two Division 1 Female teams (4 to score)
- c. First Division 2 Male team (4 to score)
- d. First Division 2 Female team (3 to score).
- e. First Division 3 Male and Female Teams (3 to score)
- f. First three Individual Males and Females.
- g. First Male and Female (15 – 17), (18 – 20), (21 – 24) and in each five year age group thereafter (25 – 29, 30 – 34, etc.)
- h. First Male and Female in each participating Club.
- i. All runners completing all twelve League races (Fidelity Award).

3. Each Club that participates in the League shall be affiliated to UK Athletics and Dorset County Athletics and pay an annual membership fee. Eligibility to compete in the League will be limited to UKA Rules for competition. Clubs should note UKA rule 240 S3 (3) “Every scoring runner in an open team race must be a first claim member of the Club that he / she is entered to represent.” Clubs should also note rule 143 (3) “ In team or relay races all competitors must wear registered vests of the same design and colour of the team they are representing unless the Referee has given permission for a change to be made.”

4. There will be 3 divisions;

- a. Divisions 1 and 2 will consist of 5 teams. All remaining Clubs will be in Division 3.

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b. At the end of the year, the bottom teams in Division 1 and 2 will be relegated and the top teams in Divisions 2 and 3 promoted.

## 5. Scoring;

- a. All scoring will be based on the position within each race of runners from competing League Clubs.
- b. Should there be equal team scores within a race, the tie will be broken by the higher position of the last scoring runner. This is the familiar 'count back' system from Cross Country.

## 6. Transfer of runners between clubs;

- a. Runners transferring between clubs must go through the recognised UKA transfer system and score only for their eligible official club at the time of the race.
- b. Runners transferring clubs during the season will have their cumulative individual league score shown under their current club - i.e. individual points are transferred with them but team scores *remain*.

7. For both Individual and team competitions, the best seven results will score towards the League placings. *For the individuals ages 15 - 17 the best three of the four designated races will count, and for the aged 18 – 20 individuals the best six of eleven where the extra race is more than 15 miles.*

## 8. Age groups;

- a. All younger runners must comply with the age requirements for race distances in accordance with UKA Rule 141 S3 (3).
- b. Runners are eligible for the (15 – 17) competition from their 15<sup>th</sup> birthday until 31<sup>st</sup> December following their 17<sup>th</sup> birthday, after which the age group is determined by the enquiry, "Which birthday this year?"
- c. For the purposes of the League, all competitors are considered to have birthdays on 1<sup>st</sup> January except 15 year olds.
- d. Runners who do not wish to disclose their age are ineligible for the age group competition.

## 9. League scoring –

- a. In the event of level scores overall in counting the seven best League races, the team winner will be decided by a 'count forward' of the scoring events i.e. number of firsts, then seconds etc.
- b. A race in which no Club members of a team competed shall be deemed to have scored maximum points for that team i.e. the number of Clubs competing in that league.
- c. The Individual winner will be decided by comparing the Head to Head races to see which runner finished in front of the other at more events. If they are still equal then add up the total times in their Head to Head events.

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10. League rules can only be changed if amendments are listed as an agenda item and are agreed by a simple majority of Clubs competing in the league. The Chairman shall have a casting vote if necessary.