## Local Running Events Calendar



I have compiled below a list of local events – This is intended to be of benefit to runners to choose events to take part in; and for race organisers to promote events scheduled and to avoid clashes wherever possible.

If you would like further information on any of the races click on the hyperlink in the "Link column" to visit the race website.

Please advise any updates or corrections (including incorrect or broken hyperlinks), or are aware of events in the county that should be added, or if you are a race organiser and would like your race listed, please contact Ray or raygraham58@outlook.com



## © Run Happy Dorset

## Join the Facebook Group Run Happy Dorset

Date	Time	Race	Competition	Entry on Day	Link
Every Sunday	9:00 AM	Moors Valley Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/moorsvalley-juniors/
Every Sunday	9:00 AM	New Milton Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/newmilton-juniors/course/
Every Sunday	9:00 AM	Slades Junior parkrun 2K (Ages 4-14)		Barcode	https://www.parkrun.org.uk/slades-juniors/course/
Every Sunday	9:00 AM	Upton House Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/uptonhouse-juniors/
Every Sunday	9:00 AM	Weymouth Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/weymouth-juniors/
Every Saturday	9:00 AM	Blandford parkrun (5K)		Barcode	http://www.parkrun.org.uk/blandford/course/
Every Saturday	9:00 AM	Bournemouth parkrun (5K)		Barcode	http://www.parkrun.org.uk/bournemouth/course/
Every Saturday	9:00 AM	Durlston Country Park parkrun (5K)		Barcode	https://www.parkrun.org.uk/durlstoncountrypark/course/
Every Saturday	9:00 AM	Moors Valley parkrun (5K)		Barcode	http://www.parkrun.org.uk/moorsvalley/course/
Every Saturday	9:00 AM	Poole parkrun (5K)		Barcode	http://www.parkrun.org.uk/poole/course/
Every Saturday	9:00 AM	St Mary's (Bridport) parkrun (5K)		Barcode	https://www.parkrun.org.uk/stmarys/course/
Every Saturday	9:00 AM	The Great Field (Poundbury) parkrun (5K)		Barcode	https://www.parkrun.org.uk/thegreatfield/course/
Every Saturday	9:00 AM	Upton House parkrun (5K)		Barcode	http://www.parkrun.org.uk/uptonhouse/
Every Saturday	9:00 AM	Weymouth parkrun (5K)		Barcode	http://www.parkrun.org.uk/weymouth/course/

Date	Time	Race	Competition	Entry on Day	Link
Every Sunday	9:00 AM	Moors Valley Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/moorsvalley-juniors/
Every Sunday	9:00 AM	New Milton Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/newmilton-juniors/course/
Every Sunday	9:00 AM	Slades Junior parkrun 2K (Ages 4-14)		Barcode	https://www.parkrun.org.uk/slades-juniors/course/
Every Sunday	9:00 AM	Upton House Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/uptonhouse-juniors/
Every Sunday	9:00 AM	Weymouth Junior parkrun 2K (Ages 4-14)		Barcode	http://www.parkrun.org.uk/weymouth-juniors/
Every Saturday	9:00 AM	Blandford parkrun (5K)		Barcode	http://www.parkrun.org.uk/blandford/course/

Every Saturday	9:00 AM	Bournemouth parkrun (5K)		Barcode	http://www.parkrun.org.uk/bournemouth/course/
Every Saturday	9:00 AM	Durlston Country Park parkrun (5K)		Barcode	https://www.parkrun.org.uk/durlstoncountrypark/course/
Every Saturday	9:00 AM	Moors Valley parkrun (5K)		Barcode	http://www.parkrun.org.uk/moorsvalley/course/
Every Saturday	9:00 AM	Poole parkrun (5K)		Barcode	http://www.parkrun.org.uk/poole/course/
Every Saturday	9:00 AM	St Mary's (Bridport) parkrun (5K)		Barcode	https://www.parkrun.org.uk/stmarys/course/
Every Saturday	9:00 AM	The Great Field (Poundbury) parkrun (5K)		Barcode	https://www.parkrun.org.uk/thegreatfield/course/
Every Saturday	9:00 AM	Upton House parkrun (5K)		Barcode	http://www.parkrun.org.uk/uptonhouse/
Every Saturday	9:00 AM	Weymouth parkrun (5K)		Barcode	http://www.parkrun.org.uk/weymouth/course/
25/02/2024	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events
02/03/2024	8:30 AM	Spring Larmer Tree (White Star) Marathon		No	https://whitestarrunning.clubtrac.co.uk/e/spring-larmer-7652
02/03/2024	9:00 AM	Spring Larmer Tree (White Star) 20M		No	https://whitestarrunning.clubtrac.co.uk/e/spring-larmer-7652
02/03/2024	9:30 AM	Spring Larmer Tree (White Star) 7M		No	https://whitestarrunning.clubtrac.co.uk/e/spring-larmer-7652
03/03/2024	8:30 AM	Communifit March 10km Sherborne			https://www.communifit.co.uk/event/march-5k-and-10k-2024/
03/03/2024	8:30 AM	Communifit March 5km Sherborne			https://www.communifit.co.uk/event/march-5k-and-10k-2024/
03/03/2024	8:30 AM	Spring Larmer Tree (White Star) Half Marathon		No	https://whitestarrunning.clubtrac.co.uk/e/spring-larmer-7652
03/03/2024	9:30 AM	Spring Larmer Tree (White Star) 10 mile		No	https://whitestarrunning.clubtrac.co.uk/e/spring-larmer-7652
03/03/2024	10:00 AM	Up on the Downs 10K (Tri-Counties) - Breamore, nr Salisbury			https://tctr.co.uk/event/up-on-the-downs-3-4/
03/03/2024	10:00 AM	Up on the Downs 5K (Tri-Counties) - Breamore, nr Salisbury			https://tctr.co.uk/event/up-on-the-downs-3-4/
03/03/2024	10:00 AM	Up on the Downs Half Marathon (Tri-Counties) - Breamore, nr Salisbury			https://tctr.co.uk/event/up-on-the-downs-3-4/
03/03/2024	10:00 AM	Weymouth Bay 10K (MCC Promotions)			https://www.mccpromotions.com/e/weymouth-bay-10k-3725
09/03/2024	9:00 AM	Jurassic Express Half Marathon - (UK Running Events)			https://www.ukrunningevents.co.uk/events/trail-runs/jurassic- express-trail-run-2024
09/03/2024	9:15 AM	Jurassic Express 16K - (UK Running Events)			https://www.ukrunningevents.co.uk/events/trail-runs/jurassic- express-trail-run-2024
17/03/2024	8:30 AM	Weymouth Half Marathon		Yes	https://justracinguk.com/event/weymouth-half-marathon/
17/03/2024	10:00 AM	Doggy Dash (Upton Country Park)			https://lewis-manning.org.uk/muddy-dog-dash/
17/03/2024	10:00 AM	Salisbury 10 mile road race	Hampshire RRL		https://www.salisbury-arc.org/salisbury-10
22/03/2024	10:30 AM	The Jurassic Coast Challenge (VOTWO Events) - Day 1 - Charmouth to Portland		No	https://www.votwo.co.uk/jurassic-coast-challenge
23/03/2024	9:00 AM	New Forest Off Road Half Marathon - Hinton Admiral (UK Running Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new- forest-hinton-trail-run-2024
23/03/2024	9:15 AM	New Forest Off Road 15K - Hinton Admiral (UK Running Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new- forest-hinton-trail-run-2024
23/03/2024	9:30 AM	New Forest Off Road 10K - Hinton Admiral (UK Running Events)			https://www.ukrunningevents.co.uk/events/trail-runs/new- forest-hinton-trail-run-2024
23/03/2024	10:30 AM	Mapperton Muddle Half Marathon (White Star)		No	https://whitestarrunning.co.uk/wsr-events/mapperton-muddle/

23/03/2024	10:30 AM	The Jurassic Coast Challenge (VOTWO Events)- Day 2 - Portland to Lulworth Cove		No	https://www.votwo.co.uk/jurassic-coast-challenge
23/03/2024	11:00 AM	Mapperton Muddle 10K (White Star)		No	https://whitestarrunning.co.uk/wsr-events/mapperton-muddle/
24/03/2024	9:00 AM	Eastleigh 10K		No	https://www.runningmania.co.uk/hendy-eastleigh-10k/
24/03/2024	9:00 AM	Trust10 - National Trust 10K at Stonebarrow (Golden Cap)		Yes	https://www.nationaltrust.org.uk/visit/dorset/golden- cap/events/b9c0120c-a7ab-4772-9f99-4db98be13a1d
24/03/2024	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events
24/03/2024	9:00 AM	Yeovil Half Marathon		No	http://www.yeovilhalf.com/
24/03/2024	9:15 AM	Bournemouth Bay 10K		No	https://bournemouthbayrun.co.uk/
24/03/2024	9:25 AM	Bournemouth Bay Family Fun Run (1 Mile)		Yes	https://bournemouthbayrun.co.uk/
24/03/2024	10:00 AM	Bournemouth Bay Half Marathon		No	https://bournemouthbayrun.co.uk/
24/03/2024	10:30 AM	The Jurassic Coast Challenge (VOTWO Events)- Day 3 - Lulworth Cove to Shell Bay		No	https://www.votwo.co.uk/jurassic-coast-challenge
24/03/2024	12:15 PM	Bournemouth Bay 5K		No	https://bournemouthbayrun.co.uk/
01/04/2024	11:00 AM	Yeovil Easter Bunny 10K		No	https://www.yeoviltownrrc.com/events/races/easter-bunny- 10k.htm
07/04/2024	8:00 AM	ABP Southampton Marathon		No	http://www.abpsouthamptonhalf.co.uk/
07/04/2024	10:00 AM	ABP Southampton Half Marathon		No	http://www.abpsouthamptonhalf.co.uk/
07/04/2024	10:30 AM	Round The Lakes Easter 10k (Poole Park)			http://pooleac.co.uk/club-events/round-the-lakes/
07/04/2024	11:00 AM	ABP Southampton 10K		No	http://www.abpsouthamptonhalf.co.uk/
14/04/2024	9:30 AM	Run Wild West Dorset Trail 10K (Mappercombe Manor)			https://findarace.com/events/wild-west-dorset-trail
14/04/2024	9:30 AM	Run Wild West Dorset Trail 5K (Mappercombe Manor)			https://findarace.com/events/wild-west-dorset-trail
14/04/2024	9:30 AM	Run Wild West Dorset Trail Half Marathon (Mappercombe Manor)			https://findarace.com/events/wild-west-dorset-trail
14/04/2024	11:00 AM	Pen Selwood 5km			https://www.penselwood10k.co.uk/
14/04/2024	11:00 AM	Pen Selwood Tough 10km			https://www.penselwood10k.co.uk/
14/04/2024	11:15 AM	Pen Selwood 2km Fun Run			https://www.penselwood10k.co.uk/
21/04/2024	9:00 AM	London Marathon		No	https://www.virginmoneylondonmarathon.com/en-gb/
21/04/2024	10:30 AM	Marnhull 12K	_		https://stgregorymarnhull.dorset.sch.uk/m12k/
28/04/2024	9:00 AM	Trail Running Festival - Wimborne St Giles (ORA Events) - Marathon			https://uktrailrunningfestival.co.uk/
28/04/2024	9:00 AM	Trust10 - National Trust 10K at Stonebarrow (Golden Cap)		Yes	https://www.nationaltrust.org.uk/visit/dorset/golden- cap/events/b9c0120c-a7ab-4772-9f99-4db98be13a1d
28/04/2024	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events
28/04/2024	9:55 AM	Trail Running Festival - Wimborne St Giles (ORA Events) - Half Marathon			https://uktrailrunningfestival.co.uk/

28/04/2024	10:30 AM	Trail Running Festival - Wimborne St Giles (ORA Events) - 10K			https://uktrailrunningfestival.co.uk/
28/04/2024	10:45 AM	Trail Running Festival - Wimborne St Giles - Wimborne St Giles (ORA Events) 5K			https://uktrailrunningfestival.co.uk/
03/05/2024	12:00 PM	Portland Pig BackYard Ultra (Bustinskin Events)			https://bustinskin.fullonsport.com/event/portland-pig-backyard- ultra-2024/profile
05/05/2024	8:30 AM	North Dorset Village Marathon	Dorset Road Race League 2024 and Dorset County Championship	Νο	http://www.ndvm.co.uk/
05/05/2024	8:30 AM	North Dorset Village Relay	onampionomp	No	http://www.ndvm.co.uk/
05/05/2024	9:30 AM	Bluebell Bash Half Marathon (Tri-Counties Trail) - Manswood between Wimborne & Blandford			https://tctr.co.uk/event/up-on-the-downs-3-4-2/
05/05/2024	10:00 AM	Bluebell Bash 10K (Tri-Counties Trail) - Manswood between Wimborne & Blandford			https://tctr.co.uk/event/up-on-the-downs-3-4-2/
05/05/2024	10:00 AM	Bluebell Bash 5K (Tri-Counties Trail) - Manswood between Wimborne & Blandford			https://tctr.co.uk/event/up-on-the-downs-3-4-2/
08/05/2024	6:45 PM	Upton Country Park - Junior Time Trial 1M	<u>Upton Summer</u> <u>Series</u>	No	http://poolerunners.co.uk/upton-summer-series/
08/05/2024	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
12/05/2024	10:00 AM	Hardy Half (trail half marathon starting in Dorchester)			www.hardyhalf.com
12/05/2024	10:00 AM	Lymington 10K		No	https://www.frsystems.co.uk/lymington-10k/
17/05/2024	9:00 PM	Ox (White Star) - Dark Ox 10K		No	https://whitestarrunning.clubtrac.co.uk/e/ox-races-7728
18/05/2024	7:30 AM	Ox (White Star) - 50-miler		No	https://whitestarrunning.clubtrac.co.uk/e/ox-races-7728
18/05/2024	8:00 AM	Ox Frolic (White Star) - 12-hour		No	https://whitestarrunning.clubtrac.co.uk/e/ox-races-7728
18/05/2024	9:30 AM	Dorset Mud Run			https://www.thedorsetmudrun.co.uk/
19/05/2024	8:30 AM	Ox (White Star) - Light Ox 10K		No	https://whitestarrunning.clubtrac.co.uk/e/ox-races-7728
19/05/2024	9:30 AM	May 5 (Canford Heath)	<u>Dorset Road</u> <u>Race League</u> <u>2024</u>		http://pooleac.co.uk/club-events/may-5/
19/05/2024	10:30 AM	Ox (White Star) - Half Marathon		No	https://whitestarrunning.clubtrac.co.uk/e/ox-races-7728
19/05/2024	10:30 AM	Southampton AC Netley 10km	Hampshire RRL		http://www.southamptonathleticclub.org.uk/wordpress/netley- 10k-race/
19/05/2024	11:00 AM	Hook 10 Miles (+ Fun Runs)		No	http://www.hookfunrun.com/
21/05/2024	7:00 PM	Thruxton Race Circuit 10k Series			https://eventrexuk.com/thruxton-10k-series/
25/05/2024	7:00 PM	Egdon Easy		Yes	http://www.egdonheathharriers.com/ourraces/race.php?id=2
26/05/2024	9:00 AM	Trust10 - National Trust 10K at Stonebarrow		Yes	https://www.nationaltrust.org.uk/visit/dorset/golden-

		(Golden Cap)			cap/events/b9c0120c-a7ab-4772-9f99-4db98be13a1d
		Trust10 - National Trust 10K at Studland			https://www.nationaltrust.org.uk/visit/dorset/studland-
26/05/2024	9:00 AM	Beach		Yes	bay/events
26/05/2024	10:00 AM	Race for Men Salisbury Half Marathon		-	https://www.letsdothis.com/gb/e/race-for-men-salisbury- 193682
26/05/2024	10:45 AM	Race for Men Salisbury 10K		-	https://www.letsdothis.com/gb/e/race-for-men-salisbury- 193682
26/05/2024	11:00 AM	Race for Men Salisbury 3K Fun Run		-	https://www.letsdothis.com/gb/e/race-for-men-salisbury- 193682
26/05/2024	11:00 AM	Race for Men Salisbury 5K		-	https://www.letsdothis.com/gb/e/race-for-men-salisbury- 193682
29/05/2024	6:45 PM	Upton Country Park - Junior Time Trial 1M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
29/05/2024	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
01/06/2024	10:00 AM	Race for Life - Poole 10K		No	https://raceforlife.cancerresearchuk.org/find-an-event
01/06/2024	11:00 AM	Race for Life 3K - Poole		No	https://raceforlife.cancerresearchuk.org/find-an-event
01/06/2024	11:00 AM	Race for Life 5K - Poole		No	https://raceforlife.cancerresearchuk.org/find-an-event
01/06/2024	12:00 PM	Race for Life - Poole Pretty Muddy Kids		No	https://raceforlife.cancerresearchuk.org/find-an-event
01/06/2024	1:00 PM	Race for Life - Poole Pretty Muddy 5K		No	https://raceforlife.cancerresearchuk.org/find-an-event
02/06/2024	10:00 AM	Romsey Braishfield Beer Race		Yes	http://www.romseyroadrunners.co.uk/beer-race/
02/06/2024	10:30 AM	Tarrant Valley 10K (and 1 mile fun run)		Yes	http://www.tarrantvalley10.webs.com/
08/06/2024	7:30 AM	Salisbury Plain Summer Edition (Andover Trail Events) - 50 Mile Ultra			https://www.and-overtrailevents.com/about-1-1
08/06/2024	8:00 AM	Salisbury Plain Summer Edition (Andover Trail Events) - Marathon			https://www.and-overtrailevents.com/about-1-1
08/06/2024	8:30 AM	Salisbury Plain Summer Edition (Andover Trail Events) - Half Marathon			https://www.and-overtrailevents.com/about-1-1
09/06/2024	10:00 AM	Crewkerne 10K		Yes	http://www.crewkernerunning.club/index.php/2015-04-15-22- 15-36/crewkerne-10/the-races
09/06/2024	10:00 AM	Puddletown Plod Half Marathon			http://www.puddletownplod.co.uk/
09/06/2024	10:00 AM	Race for Life 10K - Salisbury		No	https://raceforlife.cancerresearchuk.org/find-an-event
09/06/2024	10:10 AM	Crewkerne 5K		Yes	http://www.crewkernerunning.club/index.php/2015-04-15-22- 15-36/crewkerne-10/the-races
09/06/2024	11:00 AM	Race for Life 5K - Salisbury		No	https://raceforlife.cancerresearchuk.org/find-an-event
10/06/2024	7:30 PM	Copythorne Carnival 5K & 10		No	https://racesignup.co.uk/site/event.php?eventid=3960
14/06/2024	7:30 PM	Purbeck 10K	Dorset Road Race League 2024 and Dorset County Championship	Νο	https://www.purbeckrunners.co.uk/purbeck-10k/

15/06/2024	8:30 AM	Giants Head Marathon (White Star)		No	https://whitestarrunning.clubtrac.co.uk/e/gh-weekend-7059
15/06/2024	10:00 AM	Maverick Original Dorset - Long 23km		No	https://www.maverick-race.com/products/the-maverick- adidas-terrex-original-dorset-2024
15/06/2024	10:00 AM	Maverick Original Dorset - Medium 146km		No	https://www.maverick-race.com/products/the-maverick- adidas-terrex-original-dorset-2024
15/06/2024	10:00 AM	Maverick Original Dorset - Short 7km		No	https://www.maverick-race.com/products/the-maverick- adidas-terrex-original-dorset-2024
15/06/2024	10:00 AM	Sydling Hill 10K (White Star)		No	https://whitestarrunning.clubtrac.co.uk/e/gh-weekend-7059
16/06/2024	9:30 AM	Southampton Running Festival (Run Through) Half Marathon			https://www.runthrough.co.uk/event/southampton-running- festival-february-2024/
16/06/2024	10:00 AM	Race for Life 10K - Bournemouth		No	https://raceforlife.cancerresearchuk.org/find-an-event
16/06/2024	10:00 AM	Race for Life 5K - Bournemouth		No	https://raceforlife.cancerresearchuk.org/find-an-event
16/06/2024	10:00 AM	Southampton Running Festival (Run Through) 5K			https://www.runthrough.co.uk/event/southampton-running- festival-february-2024/
16/06/2024	10:05 AM	Southampton Running Festival (Run Through) 10K			https://www.runthrough.co.uk/event/southampton-running- festival-february-2024/
16/06/2024	10:30 AM	Giants Head Half Marathon (White Star)		No	https://whitestarrunning.clubtrac.co.uk/e/gh-weekend-7059
18/06/2024	7:00 PM	Thruxton Race Circuit 10k Series			https://eventrexuk.com/thruxton-10k-series/
19/06/2024	6:45 PM	Upton Country Park - Junior Time Trial 1M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
19/06/2024	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
22/06/2024	10:00 AM	Race for Life - Southampton 10K		No	https://raceforlife.cancerresearchuk.org/find-an-event
22/06/2024	11:00 AM	Race for Life 3K - Southampton		No	https://raceforlife.cancerresearchuk.org/find-an-event
22/06/2024	11:00 AM	Race for Life 5K - Southampton		No	https://raceforlife.cancerresearchuk.org/find-an-event
22/06/2024	12:00 PM	Race for Life - Southampton Pretty Muddy Kids		No	https://raceforlife.cancerresearchuk.org/find-an-event
22/06/2024	1:00 PM	Race for Life - Southampton Pretty Muddy 5K		No	https://raceforlife.cancerresearchuk.org/find-an-event
23/06/2024	9:00 AM	Exbury Gardens 10K			https://www.runningmania.co.uk/exbury-10k/
23/06/2024	9:00 AM	Trust10 - National Trust 10K at Stonebarrow (Golden Cap)		Yes	https://www.nationaltrust.org.uk/visit/dorset/golden- cap/events/b9c0120c-a7ab-4772-9f99-4db98be13a1d
23/06/2024	9:00 AM	Trust10 - National Trust 10K at Studland Beach		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events
23/06/2024	10:00 AM	Coombe Keynes 10K (formerly known as Lulworth Castle 10K)	Purbeck Trail Series 2024	No	www.CK10K.com
06/07/2024	10:00 AM	Charmouth Challenge (8 mile Fell Run) - DATE TBC			https://charmouthchallenge.co.uk/
07/07/2024	10:00 AM	Lordshill 10K	Hampshire RRL		http://www.lordshillroadrunners.org.uk/lordshill-10k
			Dorset Road		
07/07/2024	10:30 AM	Round the Rock 10K	<u>Race League</u> <u>2024</u>	Yes	https://www.royalmanorac.co.uk/round-the-rock-10k/

07/07/2024		Portland 10 - Not taking place in 2024			https://www.royalmanorac.co.uk/portland-10/
10/07/2024	6:45 PM	Upton Country Park - Junior Time Trial 1M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
10/07/2024	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
19/07/2024	6:00 PM	Cider Frolic (White Star) 24-hour event		No	https://whitestarrunning.clubtrac.co.uk/e/cider-piggy-weekend- 7914
20/07/2024	8:00 AM	Cider Frolic (White Star) 12-hour event		No	https://whitestarrunning.clubtrac.co.uk/e/cider-piggy-weekend-7914
21/07/2024	9:00 AM	Cider Frolic (White Star) Kids Piggy Plod		No	https://whitestarrunning.clubtrac.co.uk/e/cider-piggy-weekend-7914
21/07/2024	10:00 AM	Cider Frolic (White Star) Piggy Plod 10K		No	https://whitestarrunning.clubtrac.co.uk/e/cider-piggy-weekend-7914
23/07/2024	7:00 PM	Thruxton Race Circuit 10k Series			https://eventrexuk.com/thruxton-10k-series/
24/07/2024	6:45 PM	Upton Country Park - Junior Time Trial 1M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
24/07/2024	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
28/07/2024	9:00 AM	Trust10 - National Trust 10K at Stonebarrow (Golden Cap)		Yes	https://www.nationaltrust.org.uk/visit/dorset/golden- cap/events/b9c0120c-a7ab-4772-9f99-4db98be13a1d
04/08/2024	10:30 AM	Sturminster Half Marathon	Dorset Road Race League 2024		http://www.sturhalf.co.uk/
04/08/2024	10:35 AM	Stur 5K		Yes	http://www.sturhalf.co.uk/
07/08/2024	6:45 PM	Upton Country Park - Junior Time Trial 1M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
07/08/2024	7:15 PM	Upton Country Park - Summer Time Trial 3.5M	Upton Summer Series	No	http://poolerunners.co.uk/upton-summer-series/
14/08/2024	твс	RNLI Swanage Lifeboat Lighthouse Loop 5K/8K (Distance TBC)	<u>Purbeck Trail</u> Series 2024		https://swanage.events/rnli-lighthouse-loop-run
25/08/2024	9:00 AM	Trust10 - National Trust 10K at Stonebarrow (Golden Cap)		Yes	https://www.nationaltrust.org.uk/visit/dorset/golden- cap/events/b9c0120c-a7ab-4772-9f99-4db98be13a1d
01/09/2024	10:00 AM	The Beast	<u>Purbeck Trail</u> Series 2024	No	http://pooleac.co.uk/club-events/the-beast/
03/09/2024	6:30 PM	Dumble Bimble Charity Fun Run (Portland)		Yes	https://www.royalmanorac.co.uk/the-dumble-bimble/
08/09/2024	9:00 AM	New Forest Marathon (ORA Events)			http://www.newforestmarathon.co.uk/#top
08/09/2024	9:30 AM	Phil and Bonnie Bounder 10k Forest Run (Moreton)			https://m.facebook.com/PhilandBonnieBounder/
	0.20 414	Phil and Bonnie Bounder 6k Forest Run			https://m.facebook.com/PhilandBonnieBounder/
08/09/2024	9:30 AM	(Moreton)			

08/09/2024   10:30 AM   New Forest 10K (ORA Events) <a href="http://www.newforestmarathon.com">http://www.newforestmarathon.com</a> 08/09/2024   10:45 AM   New Forest 5K (ORA Events) <a href="http://www.newforestmarathon.com">http://www.newforestmarathon.com</a> 22/09/2024   9:00 AM   Trust10 - National Trust 10K at Stonebarrow   Yes <a href="https://www.nationaltrust.org.uk">https://www.nationaltrust.org.uk</a>	
Trust10 - National Trust 10K at Stonebarrow	an uk/#ton
(Golden Cap)	72-9f99-4db98be13a1d
22/09/2024 9:00 AM Trust10 - National Trust 10K at Studland Beach (DATE TBC) Yes <u>https://www.nationaltrust.org.uk</u>	k/visit/dorset/studland-
22/09/2024 10:00 AM Winchester Half Marathon http://www.winchesterhalf.co.uk	<u>k/</u>
22/09/2024 10:00 AM Winchester Hilly 10K http://www.winchesterhalf.co.uk	<u>k/</u>
22/09/2024 10:30 AM Hoburne 5 - DATE TBA <u>Race League</u> <u>www.hoburne5.com</u> <u>2024</u>	
22/09/2024 10:30 AM The Bosun 6M (Seatown) https://www.32run.com/the-cap	<u>oten</u>
22/09/2024 10:30 AM The CapTEN Fell Run https://www.32run.com/the-cap	<u>oten</u>
22/09/2024 11:00 AM Black Hill Run (Bere Regis) 10K X-Country <u>Purbeck Trail</u> Series 2024 No <u>http://blackhillrun.wix.com/bl</u>	<u>lackhillrun</u>
22/09/2024 11:00 AM Black Hill Run (Bere Regis) 5K X-Country Fun Run No http://blackhillrun.wix.com/black	<u>khillrun</u>
29/09/2024   8:00 AM   The Heroes Challenge Marathon (Chickerell, Weymouth)   No   www.hangersheroes.co.uk/race	<u>e-day-info-2/</u>
29/09/2024   8:00 AM   The Heroes Mini Challenge 10K (Chickerell, Weymouth)   No   www.hangersheroes.co.uk/race	<u>e-day-info-2/</u>
29/09/2024   8:15 AM   The Heroes Challenge Half Marathon (Chickerell, Weymouth)   No   www.hangersheroes.co.uk/race	<u>e-day-info-2/</u>
29/09/2024 10:00 AM Solent Half Marathon No http://www.hardleyrunners.co.u	uk/SolentHalf.html
06/10/2024 10:30 AM Clarendon Marathon: Salisbury to Winchester No <u>http://www.clarendon-marathor</u>	
06/10/2024 10:30 AM Clarendon Mini (5 miles) No <u>http://www.clarendon-marathor</u>	<u>n.co.uk/</u>
06/10/2024 10:30 AM Studland Stampede <u>Purbeck Trail</u> <u>Series 2024</u> No <u>http://www.studlandstamped</u>	le.co.uk/
06/10/2024 11:00 AM Clarendon Half Marathon: Broughton to Winchester No http://www.clarendon-marathor	n.co.uk/
12/10/2024 7:30 AM Run to the Sea Ultra Marathon (Ringwood to Hengistbury Head) https://www.runtothesea.com/b	ournemouth
12/10/2024 7:00 PM Run Bournemouth - Supernova 5K <u>www.runbournemouth.com</u>	
13/10/2024 9:00 AM Run Bournemouth - Supersonic 10K <u>www.runbournemouth.com</u>	
13/10/2024 9:00 AM Weymouth 10M - DATE TBC Dorset Road Race League Yes http://www.egdonheathharrie   2024 2024	
13/10/2024 11:00 AM Run Bournemouth - Half Marathon No <u>www.bournemouthhalfmarathor</u>	
19/10/2024   6:30 AM   Maverick X & Jurassic Coast (Burnbake, Corfe Castle) - Long 54km   No   https://www.maverick-race.com jurassic-100km-ultra-2024	n/products/the-maverick-
	n/products/the-maverick-

		Castle) - Ultra 101km			jurassic-100km-ultra-2024
19/10/2024	10:00 AM	Maverick X & Jurassic Coast (Burnbake, Corfe Castle) - Middle 21km		No	https://www.maverick-race.com/products/the-maverick- jurassic-100km-ultra-2024
19/10/2024	10:00 AM	Maverick X & Jurassic Coast (Burnbake, Corfe Castle) - Short 12km		No	https://www.maverick-race.com/products/the-maverick- jurassic-100km-ultra-2024
20/10/2024	10:15 AM	Great South Run		No	http://www.greatrun.org/great-south-run
27/10/2024	9:00 AM	Trust10 - National Trust 10K at Stonebarrow (Golden Cap)		Yes	https://www.nationaltrust.org.uk/visit/dorset/golden- cap/events/b9c0120c-a7ab-4772-9f99-4db98be13a1d
27/10/2024	9:00 AM	Trust10 - National Trust 10K at Studland Beach (DATE TBC)		Yes	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events
27/10/2024		New Forest Ten	Hampshire RRL	No	https://www.newforestrunners.com/nf10
16/11/2024	5:00 PM	Maverick Dark Castle (Corfe Castle) - Long 15km		No	https://www.maverick-race.com/products/the-maverick- exposure-lights-dark-castle-2024
16/11/2024	5:00 PM	Maverick Dark Castle (Corfe Castle) - Middle 11km		No	https://www.maverick-race.com/products/the-maverick- exposure-lights-dark-castle-2024
16/11/2024	5:00 PM	Maverick Dark Castle (Corfe Castle) - Short 5km		No	https://www.maverick-race.com/products/the-maverick- exposure-lights-dark-castle-2024
17/11/2024	10:00 AM	Gosport Half Marathon			http://www.gosporthalf.org/
17/11/2024	10:05 AM	Southampton 10K (Run Through Events)			https://www.runthrough.co.uk/event/southampton-10k-2024/
17/11/2024	10:30 AM	Wimborne 10M			https://www.wimborneac.co.uk/wimborne-10/
17/11/2024	10:30 AM	Wimborne 10M	Dorset Road Race League 2024 and Dorset County Championship		https://www.wimborneac.co.uk/wimborne-10/
17/11/2024 24/11/2024	10:30 AM 9:00 AM	Wimborne 10M Trust10 - National Trust 10K at Studland Beach (DATE TBC)	Race League 2024 and	Yes	https://www.wimborneac.co.uk/wimborne-10/ https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events
		Trust10 - National Trust 10K at Studland	Race League 2024 and Dorset County	Yes No	https://www.nationaltrust.org.uk/visit/dorset/studland-
24/11/2024	9:00 AM	Trust10 - National Trust 10K at Studland Beach (DATE TBC)	Race League 2024 and Dorset County Championship Dorset Road Race League		https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events
24/11/2024 24/11/2024	9:00 AM 9:30 AM	Trust10 - National Trust 10K at Studland Beach (DATE TBC) Boscombe Children's 1.5K Fun Run Boscombe 10K New Forest Off Road Half Marathon - Near Roundhill (UK Running Events)	Race League 2024 and Dorset County Championship Dorset Road	No	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k
24/11/2024 24/11/2024 24/11/2024	9:00 AM 9:30 AM 10:30 AM	Trust10 - National Trust 10K at Studland Beach (DATE TBC) Boscombe Children's 1.5K Fun Run Boscombe 10K New Forest Off Road Half Marathon - Near Roundhill (UK Running Events) New Forest Off Road 16.4K - Near Roundhill (UK Running Events)	Race League 2024 and Dorset County Championship Dorset Road Race League	No	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events https://www.bournemouthjoggers.co.uk/boscombe10k https://www.bournemouthjoggers.co.uk/boscombe10k https://www.ukrunningevents.co.uk/events/trail-runs/new-
24/11/2024 24/11/2024 <b>24/11/2024</b> 30/11/2024	9:00 AM 9:30 AM <b>10:30 AM</b> 9:00 AM	Trust10 - National Trust 10K at Studland Beach (DATE TBC) Boscombe Children's 1.5K Fun Run Boscombe 10K New Forest Off Road Half Marathon - Near Roundhill (UK Running Events) New Forest Off Road 16.4K - Near Roundhill (UK Running Events) Endurance Life CTS Dorset (Swanage) Ultra (37.2M)	Race League 2024 and Dorset County Championship Dorset Road Race League	No	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-roundhill-trail-run-2024     https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-roundhill-trail
24/11/2024 24/11/2024 <b>24/11/2024</b> 30/11/2024 30/11/2024	9:00 AM 9:30 AM <b>10:30 AM</b> 9:00 AM 9:15 AM	Trust10 - National Trust 10K at Studland Beach (DATE TBC) Boscombe Children's 1.5K Fun Run Boscombe 10K New Forest Off Road Half Marathon - Near Roundhill (UK Running Events) New Forest Off Road 16.4K - Near Roundhill (UK Running Events) Endurance Life CTS Dorset (Swanage) Ultra (37.2M) Endurance Life CTS Dorset (Swanage) Marathon	Race League 2024 and Dorset County Championship Dorset Road Race League	No No	https://www.nationaltrust.org.uk/visit/dorset/studland-bay/events     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-roundhill-trail-run-2024     https://www.ukrunningevents.co.uk/events/trail-runs/new-forest-roundhill-trail-run-2024
24/11/2024 24/11/2024 <b>24/11/2024</b> 30/11/2024 30/11/2024 07/12/2024	9:00 AM 9:30 AM <b>10:30 AM</b> 9:00 AM 9:15 AM 8:00 AM	Trust10 - National Trust 10K at Studland Beach (DATE TBC) Boscombe Children's 1.5K Fun Run Boscombe 10K New Forest Off Road Half Marathon - Near Roundhill (UK Running Events) New Forest Off Road 16.4K - Near Roundhill (UK Running Events) Endurance Life CTS Dorset (Swanage) Ultra (37.2M) Endurance Life CTS Dorset (Swanage)	Race League 2024 and Dorset County Championship Dorset Road Race League	No No No	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.bournemouthjoggers.co.uk/boscombe10k     https://www.ukrunningevents.co.uk/events/trail-runs/new- forest-roundhill-trail-run-2024     https://www.ukrunningevents.co.uk/events/trail-runs/new- forest-roundhill-trail-run-2024     https://www.ukrunningevents.co.uk/events/trail-runs/new- forest-roundhill-trail-run-2024     https://www.endurancelife.com/dorset

15/12/2024	9:00 AM	Tinsel 10 - National Trust 10K at Studland Beach (DATE TBC)	Ye	es	https://www.nationaltrust.org.uk/visit/dorset/studland- bay/events
05/01/2025	11:00 AM	Southampton Common 10K (MCC Promotions)			https://www.mccpromotions.com/e/southampton-common- 10k-charity-fun-run-3734
26/01/2025	11:00 AM	Dirty Devil Stampede (Bovington) 10K	N	٩o	https://bustinskintriathlonclub.clubtrac.co.uk/e/the-dirty-devil- stampede-10831
26/01/2025	11:00 AM	Dirty Devil Stampede (Bovington) 15K	N	٩o	https://bustinskintriathlonclub.clubtrac.co.uk/e/the-dirty-devil- stampede-10831
26/01/2025	11:00 AM	Dirty Devil Stampede (Bovington) 5K	N	٩o	https://bustinskintriathlonclub.clubtrac.co.uk/e/the-dirty-devil- stampede-10831
08/02/2025		Langstone Harbour Half Marathon (Hayling Island to Portsmouth)			https://www.fitprorob.biz/event/portsmouth-coastal-half- marathon-2021/
09/02/2025	9:00 AM	Portland Coastal Marathon (Bustinskin Events)	N	٩o	https://bustinskintriathlonclub.clubtrac.co.uk/e/portland- coastal-marathon-half-marathon-and-10k-10519
09/02/2025	9:30 AM	Portland Coastal Half Marathon (Bustinskin Events)	N	٩o	https://bustinskintriathlonclub.clubtrac.co.uk/e/portland- coastal-marathon-half-marathon-and-10k-10519
09/02/2025	10:00 AM	Portland Coastal 10K (Bustinskin Events)	N	٩o	https://bustinskintriathlonclub.clubtrac.co.uk/e/portland- coastal-marathon-half-marathon-and-10k-10519
09/02/2025		Portsmouth Coastal Half Marathon			https://www.fitprorob.biz/event/portsmouth-coastal-half- marathon-2021/

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