

Dorset County 10k Championship 2023

Dorset County 10k Championship 2023	1st	Male	Open	Dion Garner	Poole Runners	00:34:14
Dorset County 10k Championship 2023	2nd	Male	Open	Luke Terry	Poole AC	00:34:26
Dorset County 10k Championship 2023	3rd	Male	Open	Daniel Hull	Egdon Heath Harriers	00:35:00
Dorset County 10k Championship 2023	1st	Female	Open	Vicki Ingham	Poole Runners	00:37:54
Dorset County 10k Championship 2023	2nd	Female	Open	Nat Lawrence	Egdon Heath Harriers	00:39:10
Dorset County 10k Championship 2023	3rd	Female	Open	Emma Caplan	Bournemouth AC	00:39:36
Dorset County 10k Championship 2023	1st	Male	Masters	Luke Terry	Poole AC	00:34:26
Dorset County 10k Championship 2023	2nd	Male	Masters	Daniel Hull	Egdon Heath Harriers	00:35:00
Dorset County 10k Championship 2023	3rd	Male	Masters	Jez Bragg	Twemlow Track Club	00:35:12
Dorset County 10k Championship 2023	1st	Female	Masters	Emma Caplan	Bournemouth AC	00:39:36
Dorset County 10k Championship 2023	2nd	Female	Masters	Caroline Stanzel	Poole Runners	00:40:05
Dorset County 10k Championship 2023	3rd	Female	Masters	Gemma Bragg	Poole Runners	00:40:08